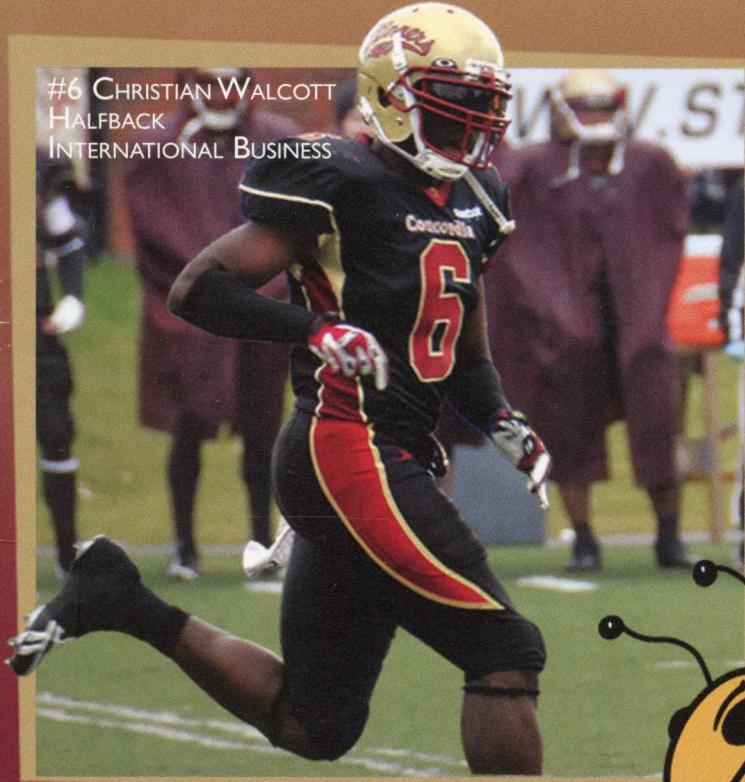
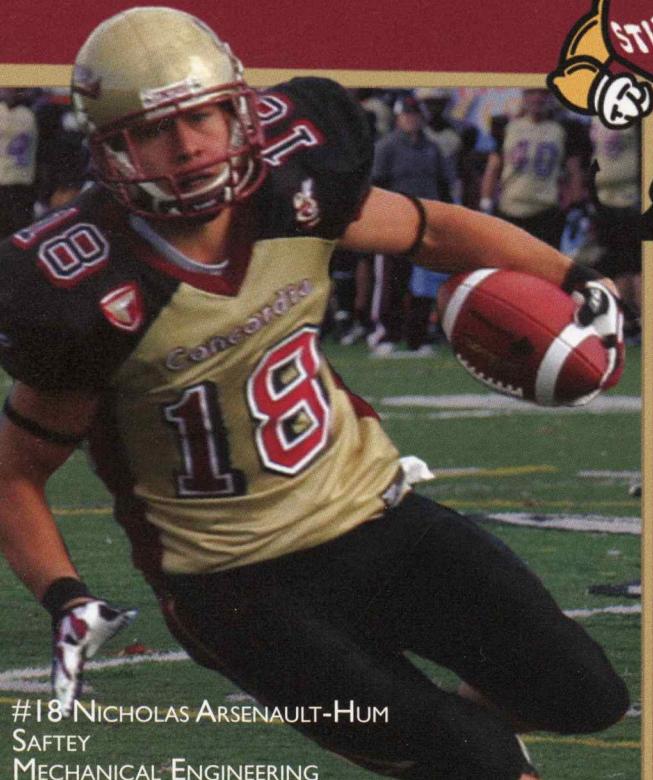
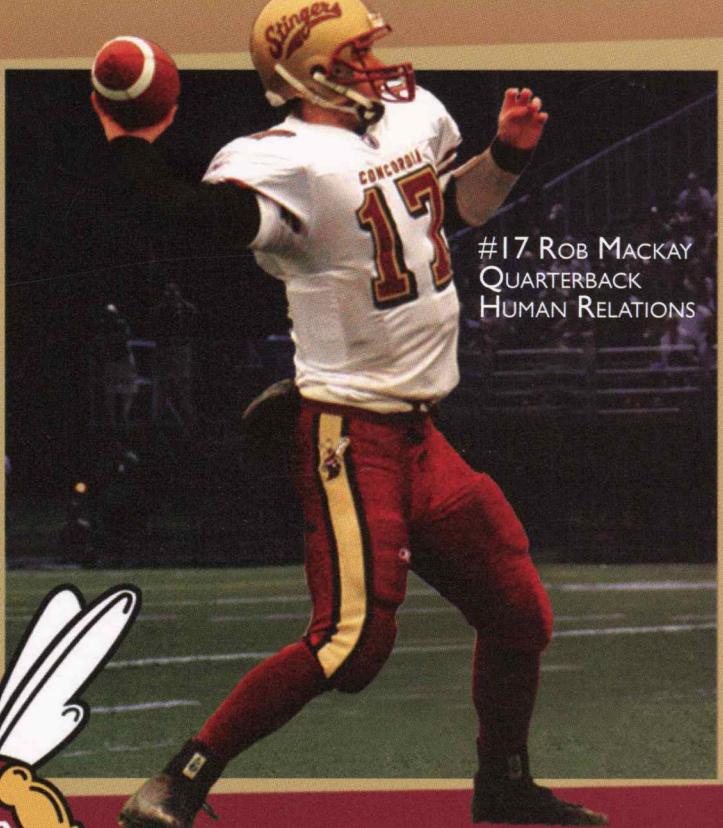


STINGERS 2010

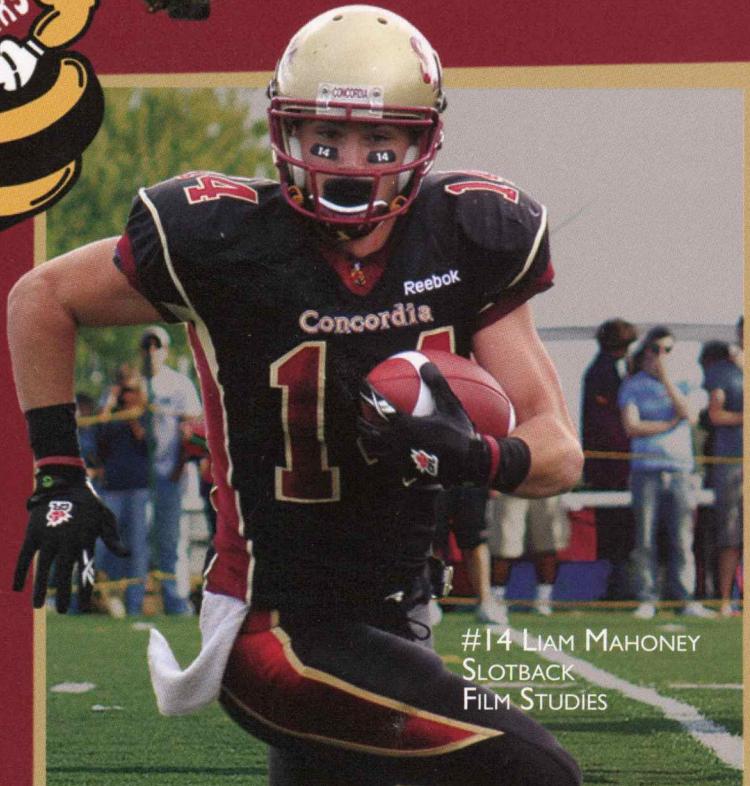
#6 CHRISTIAN WALCOTT
HALFBACK
INTERNATIONAL BUSINESS



#17 ROB MACKAY
QUARTERBACK
HUMAN RELATIONS



#18 NICHOLAS ARSENault-HUM
SAFTEY
MECHANICAL ENGINEERING



#14 LIAM MAHONEY
SLOTBACK
FILM STUDIES

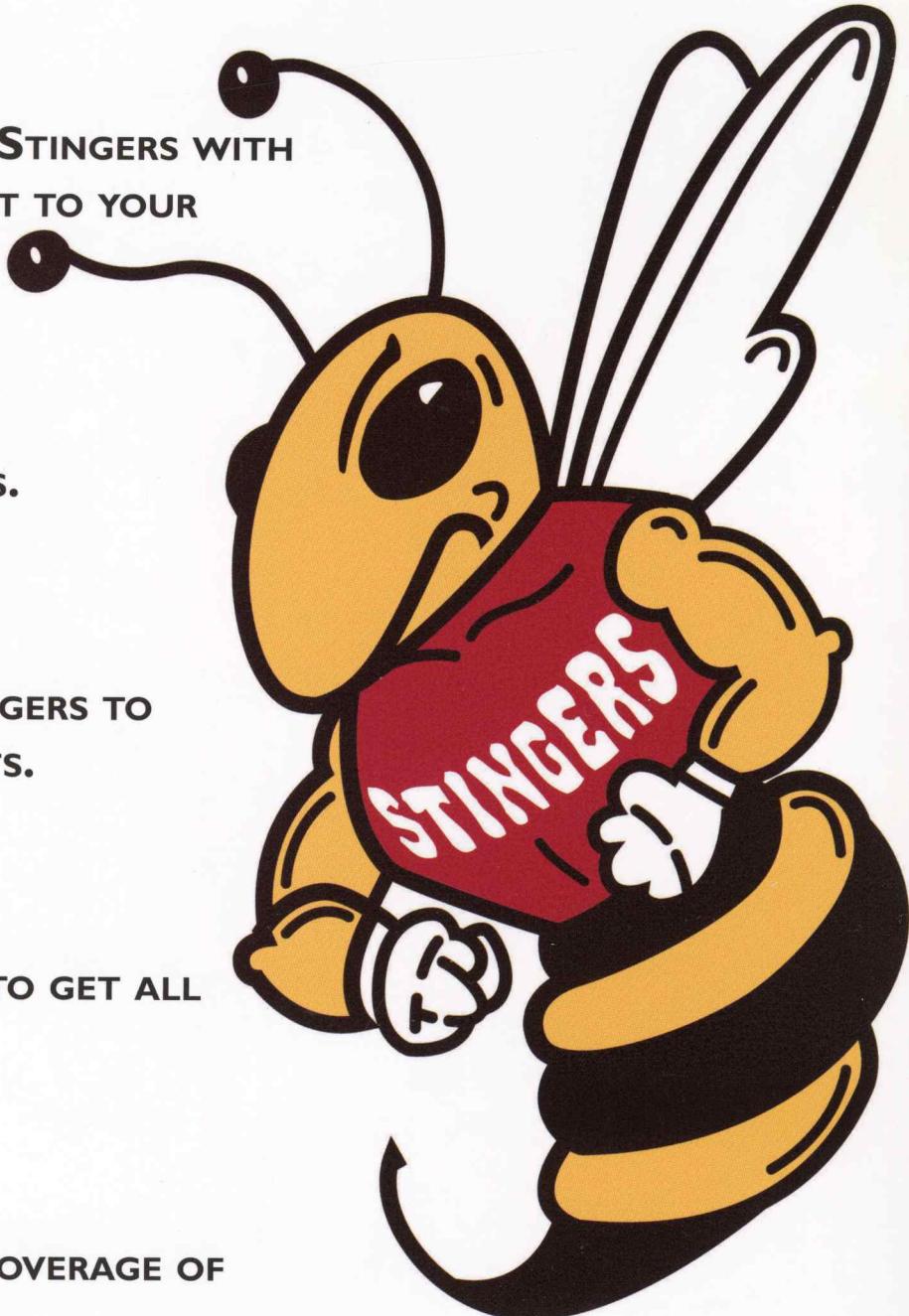


Department of
Recreation and Athletics

VISIT *stingers.ca* AND FOLLOW THE STINGERS ONLINE.

eSCORES

STAY CONNECTED TO THE STINGERS WITH
TEXT MESSAGES SENT RIGHT TO YOUR
PHONE OR EMAIL ADDRESS.



TWITTER

FOLLOW @THE_STINGERS.

YOUTUBE

SUBSCRIBE TO CONUSTINGERS TO
WATCH SEASON HIGHLIGHTS.

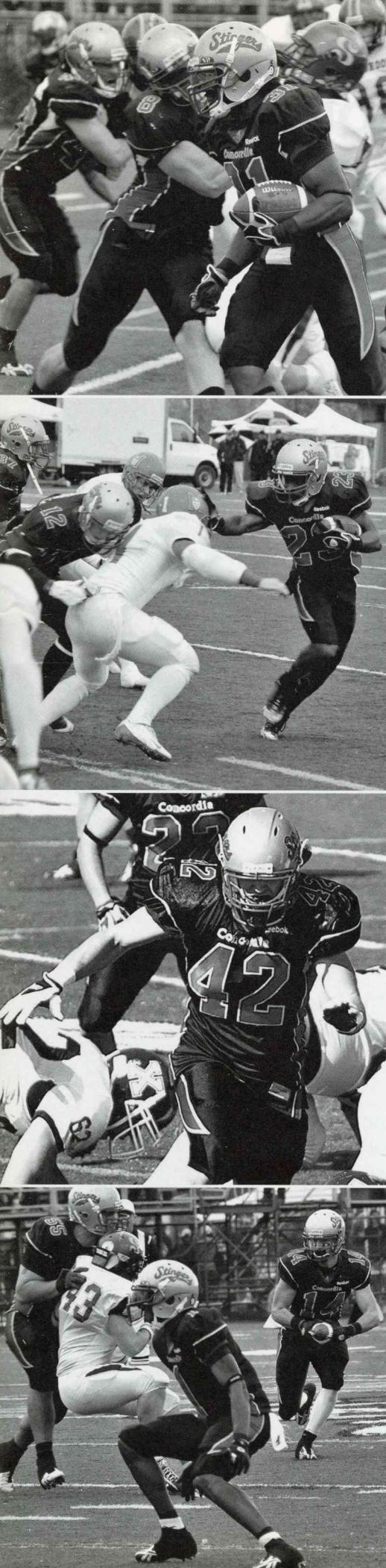
FACEBOOK

BECOME A STINGERS FAN TO GET ALL
THE LATEST INFO.

WEBCASTS

TUNE IN TO WATCH LIVE COVERAGE OF
STINGERS GAMES.

2010 STINGERS FOOTBALL SCHEDULE



THURSDAY, AUG. 26 12:00 PM
EXIBITION GAME



VS.



CONCORDIA

SATURDAY, SEPT. 4 7:00 PM



@



BISHOP'S

SATURDAY, SEPT. 11, 1:00 PM
HOME OPENER
BROADCAST LIVE ON:
SRC-TV, THE TEAM 990AM



VS.



CONCORDIA

FRIDAY, SEPT. 17, 7:00 PM
SHAUGHNESSY CUP



@



MCGILL

SATURDAY, SEPT. 25, 1:00 PM
SHRINE BOWL
BROADCAST LIVE ON:
THE TEAM 990AM



VS.



CONCORDIA

SUNDAY, OCT. 3, 1:00 PM



@



LAVAL

SATURDAY, OCT. 9, 1:00 PM
BROADCAST LIVE ON:
THE TEAM 990AM



VS.



CONCORDIA

SATURDAY, OCT. 16, 1:00 PM
BROADCAST LIVE ON:
SRC-TV



@



SHERBROOKE

FRIDAY, OCT. 22, 7:00 PM



@



MONTRAL

SATURDAY, OCT. 30, 1:00 PM
BROADCAST LIVE ON:
SRC-TV, THE TEAM 990AM



VS.



CONCORDIA

*All scheduled television coverage subject to change

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Marissa Stimpson

Photography

Concordia University
Recreation and Athletics
Marissa Stimpson

Printer

Concordia Digital Store



WELCOME TO CONCORDIA

Concordia is an urban university which is responsive to the needs of a diverse student population as well as to the bilingual and multicultural environment of Montreal. Concordia is a welcoming community where the values of equality, non-discrimination and tolerance of diversity are appreciated and actively promoted. Representing more than 150 countries are the 44,000 students who attend Concordia each year.

We are very proud of our legacy and the success of our students. For over 180 years, we have been committed to the pursuit of educational excellence and innovative research. Concordia has strong traditions of individual empowerment, discovery and leadership building. These cornerstones of education were built by Concordia's founding institutions - Loyola College and Sir George Williams University - and are still strong today as they continue to unfold in new and exciting ways with local, national and global relevance.

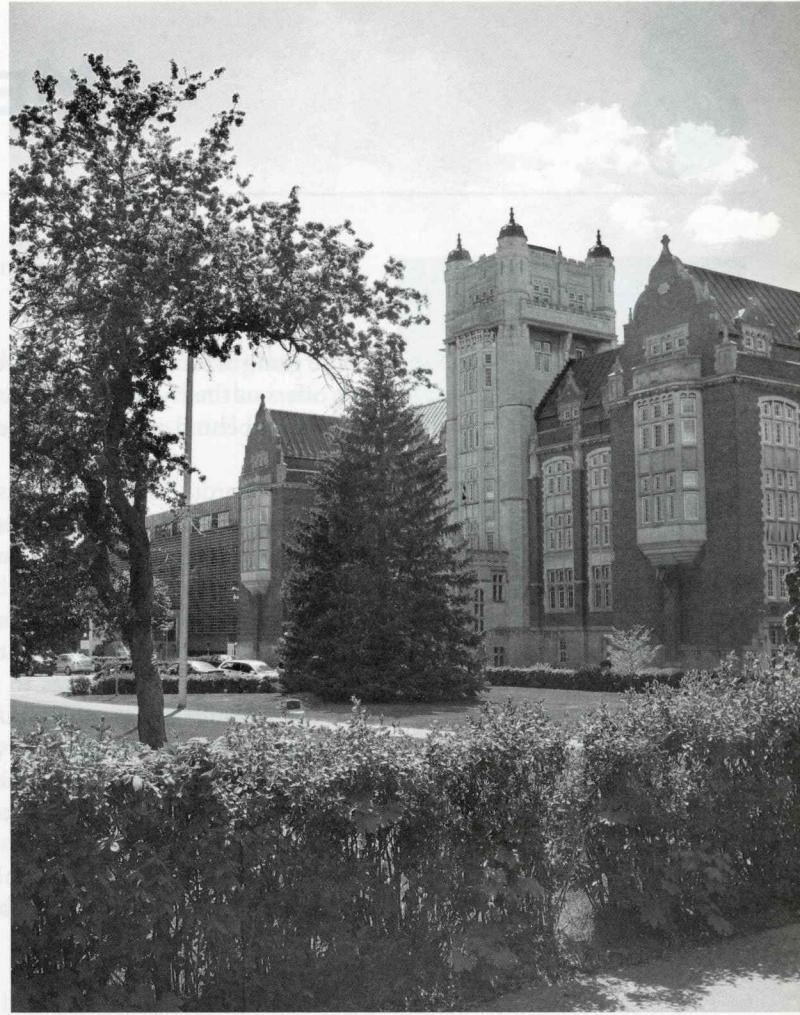
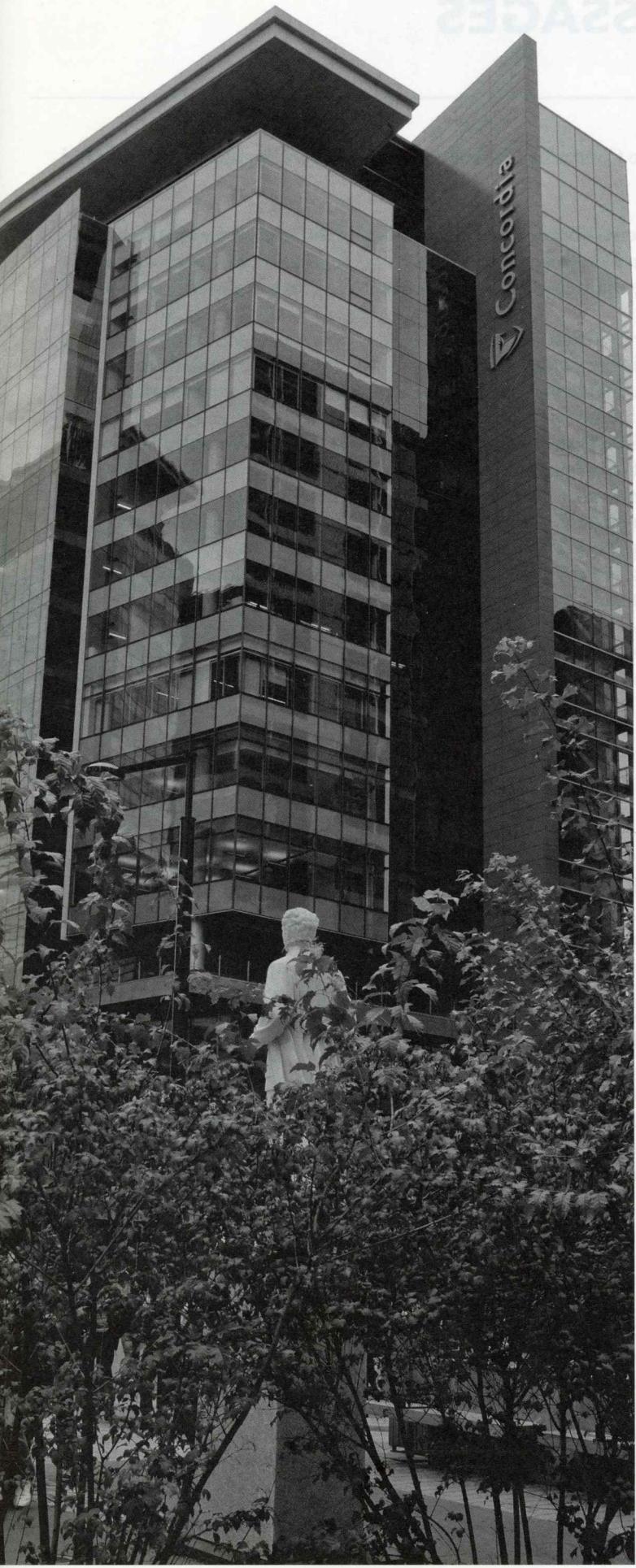
Our university proudly offers over 500 programs, including 300 undergraduate and over 200 graduate degrees, diplomas and certificates. These programs span our four faculties - Arts and Science, The John Molson School of Business, Engineering and Computer Science, and Fine Arts - and our School of Graduate Studies.

Concordia serves its students with state of the art facilities such as the Integrated Engineering, Computer Science and Visual Arts complex and the newly constructed John Molson School of Business building, both located at the downtown SGW campus. At the Loyola Campus in NDG, the Richard J. Renaud Science Complex will soon be joined by the Centre for Structural and Functional Genomics and the PERFORM Centre which are slated for completion in 2011.

The addition of these facilities allows Concordia to stay competitive in research and development, provides our students and faculty with the tools to succeed in the classroom, and supports our pledge of sustainability.

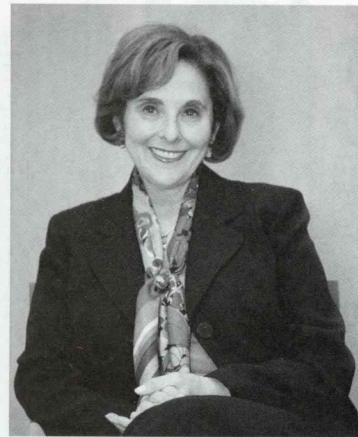
Concordia is committed to responsible and innovative leadership, to fulfilling the mission of universities to develop and disseminate knowledge and values, and to acting as a social critic. Our university seeks to achieve this end by offering its students inclusive and accessible academic programs which stress a broad-based, interdisciplinary approach to learning, by fostering an environment of academic and pedagogical freedom, and by dedication to superior teaching supported by the best possible research, scholarship, creative activity and service to society. Through these means, Concordia University prepares its graduates at all levels, to live as informed and responsibly critical citizens who are committed to learning and to the spirit of inquiry.







MESSAGES



Judith Woodsworth, PhD
President and Vice-Chancellor
Concordia University

Judith Woodsworth

It is my pleasure to welcome you to Concordia University and to our Loyola campus Recreation and Athletics facilities.

The game of football is a well-rooted tradition at Concordia as well as an integral part of our culture. It offers us the chance to connect and rally students, staff, faculty, alumni, and our local community together behind our team. This encouragement fuels the determination of our players.

Our Concordia Stingers demonstrate significant resolve and exert tremendous efforts on the field as well as in the classroom. It takes focus, heart, and discipline to succeed as a student-athlete and we are all extremely proud of their accomplishments. They are true ambassadors for our university.

At Concordia, we promote sports and athletics as we encourage the value of healthy bodies and active minds. The Department of Recreation and Athletics plays a significant role in providing students with opportunities to attain this needed balance and adds great value to university life. In the year ahead, we will witness the construction of the new exciting PERFORM Centre. This world class research facility will support education and research in the field of lifestyle rehabilitation. Completion is expected by spring 2011. We look forward to updating you about the Centre and other important developments at Concordia in the coming months.

I would like to thank our alumni, sponsors, and supporters for their dedication and loyalty and ask you to join me in wishing Coach McGrath and the Concordia Stingers great success this season!

Go Stingers!



Katie Sheahan
Director Recreation and Athletics
Concordia University

Katie Sheahan

As Director of Recreation and Athletics, I have the privilege of crossing paths with students, staff, faculty, alumni, and our neighbours and supporters here in the community throughout the year. But there is something exceptional about the back-to-school experience which creates a buzz on campus, and a good part of that feeling is generated by the Concordia Stingers!

Last year, we were proud to update you about the new Stinger Dome facility that was installed over the deMaisonneuve playing field during the winter months. What an amazing asset this new indoor playing surface proved to be for the Stingers. Almost all our student-athletes had an opportunity to train in the Dome and their feedback about how this facility helped them develop was tremendous. This year, construction on the new PERFORM Centre will be completed in March 2011. The departments of Exercise Science and Recreation and Athletics will each offer selected programs and services out of this wonderful new facility and, when added to the experience of being able to train on indoor playing fields, I have no doubt that together these facilities will help our Stingers achieve a new level of success.

Again this year, the Stingers will be treating us to an exciting season of football and there is no better place to cheer them on than from our stands! New this year the Stingers will play nine games during the regular season, four of which are at home hosting Montreal, Bishop's, McGill, and Laval.

We are also adapting our game-day set-up while construction of the PERFORM Centre is on-going. We thank you in advance for your patience this season. The entrance to the field, ticket booths, snack bar, washrooms, and other services are in new locations this fall and our event staff are ready to assist you with any questions you may have.

See you in the stands!



From the Campaign Cabinet:

Just last year, we wrote to the alumni of Concordia University's athletics programs saying that there has never been a more exciting time to exercise and play at Concordia. This year we are proud to announce that there are even more exciting times ahead! Building on the success of our Stinger Dome project, which was officially christened in March of 2010, Concordia is proud to report that yet another major project is underway.

By the fall of 2011, students, staff, faculty, alumni, our own Concordia Stingers, as well as our neighbours in the local community will witness the official opening of the PERFORM Centre. The staff team in Recreation and Athletics will be collaborating with their colleagues from the Department of Exercise Science to deliver innovative research, programs, and services. Both teams are looking forward in the months ahead to providing the entire Concordia community with updates about their progress. This new centre will undoubtedly set a new standard for the delivery of health and fitness programs in our community.

But our work won't end there. As volunteers for Concordia University's Recreation and Athletics Campaign, we share the university's commitment to promoting regular physical activity through sports in our schools as well as in our communities. That is why we are redoubling our efforts and continuing our work in the pursuit of our goals of building an indoor pool, a triple gymnasium, grandstands equipped with team rooms, a fitness centre, as well as important renovations to our arena. If we want our youth to be engaged in exercise, we need to build it so they will come!

Together with the support of Concordia's alumni and friends, and especially with the support of Stingers fans like you, we can realize these ambitious plans.

Please join our team and make your gift today. Help us promote healthy lifestyles and community wellness.

Yours sincerely,



Richard W. Pound, O.C., O.Q., Q.C., FCA
Chair, Campaign Cabinet
Recreation and Athletics Campaign

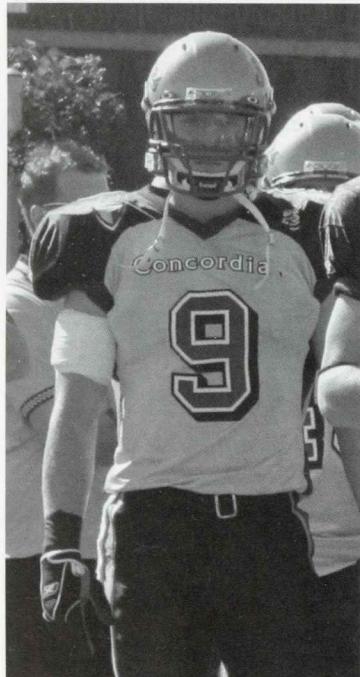


Larry Smith
Honorary Chair
Recreation and Athletics Campaign

P.S. Donations of \$500 or more to the Recreation and Athletics Campaign will be recognized in the new complex.



SUPPORTERS OF CONCORDIA FOOTBALL



THE RICKY ZIEBA FOUNDATION

Just weeks before the 2009 season training camp, tragedy struck with the sudden passing of the Stingers star linebacker, Ricky Zieba. Ricky was taken from us in a car accident when he fell asleep at the wheel. Despite their pain and sorrow, the Zieba family, with the participation of the Stingers, has raised more than \$20,000 for the Concordia Football program in Ricky's name.

A dedication to Ricky's family took place at our Home Opener last September allowing fellow players, students, fans and friends to express their profound sadness at the loss of such a remarkable young man.

Concordia Football would like to thank the Zieba Family for their support of Ricky's team mates and the team he loved so much.

THE TONY PROUDFOOT AWARD

Established in 2008, the Tony Proudfoot Award is bestowed annually to a Concordia Stingers football player who best demonstrates outstanding leadership based on academic performance, contribution to the Concordia Football Program, and community spirit.

Created by members of Concordia University Football and Coaching Staff Alumni, this award honours their friend and coach Tony Proudfoot.

Born in Winnipeg, Tony Proudfoot graduated from the University of New Brunswick in 1971 with a degree in Physical Education and joined the Montreal Alouettes as a defensive back from 1971 to '79 earning all star status in 1977 and '79 as well as two Grey Cup rings in 1974 and '77. He also played with the BC Lions from 1980 to '82. Following his playing career, Proudfoot has coached many youth teams in his hometown of Point Claire as well as football teams at Lower Canada College and Junior Alouettes. He was an Assistant Coach for the Concordia Stingers for four years including 1998 when the Stingers played in the Vanier Cup.

This award is funded primarily by private donations from Concordia University Football Alumni and by Stingers fans like you.

To date QB Robert Mackay and DT Alexandre Turp have received the Tony Proudfoot Award.



#17 Robert Mackay



#99 Alexandre Turp

STINGERS FOOTBALL



CONCORDIA FOOTBALL CHAMPIONS DINNER

As a proud Football program, the Concordia Stingers have made some great individual and team achievements over the past years. What might prove to be one of the most significant events is the founding of The Champions Club.

With the guidance of Ghislain Arsenault, a graduate of the John Molson School of Business, and Richard W. Pound, Chair of the Recreation and Athletics Fund Raising Campaign Cabinet, we have been able to assemble an outstanding group of volunteers to help raise money for student-athlete scholarships. The much needed funds will help the Stingers compete in recruiting the best student-athletes which helps to build a stronger program on the field and in the classroom.

In the fall of 2009, Recreation and Athletics hosted a Champions Club Dinner and raised \$35,000. These funds were allocated to deserving student-athletes to help alleviate their need to work while attending school and trying to compete as an elite athlete. The goal for the 2010 Champions Club Dinner is \$50,000:

Concordia Stingers fans like you, community members, former Georgians, Warriors and Stingers will want to be become a part of The Champions Club. Go to stingers.ca and click football to find more information about the next Champion's Club Dinner and on how to donate.



FOR INFORMATION GO TO STINGERS.CA AND CLICK ON FOOTBALL

UNIVERSITÉ
Concordia
UNIVERSITY



ACE HELPS STUDENT-ATHLETES



Tutor, Gabriel Plante in the ACE office at the Loyola Campus. Plante was named top academic athlete in 2009 and boasts a 3.9 GPA in Economics.

The Academic Centre for Excellence (ACE) is a program designed to help student-athletes develop into prepared individuals who can excel in today's competitive environment. ACE's goal is to ensure our athletes graduate from Concordia as confident students who are connected to the community and well prepared for the challenges they will face throughout their lives. The dynamics of the employment market in today's global economy have changed to such where a university degree is often no longer enough. By incorporating the following three key programs, ACE strives to be a model in academic preparation, personal development and career placement.

The Academic Support Program tracks the progress of student-athletes, from the admissions stage through graduation. It provides an environment for skill development and learning, and helps each student-athlete develop an individual success strategy. The ultimate goal of this program is graduation and a great emphasis is placed on first-year students.

The Personal Development Program helps student-athletes develop into well-rounded, articulate and knowledgeable individuals through a series of seminars and workshops. University professionals as well as local and national experts provide on-campus support and aid in skill development. Through outreach programs and volunteering student-athletes learn the importance of public service and have the opportunity to make a positive contribution to the Montreal and Quebec community.

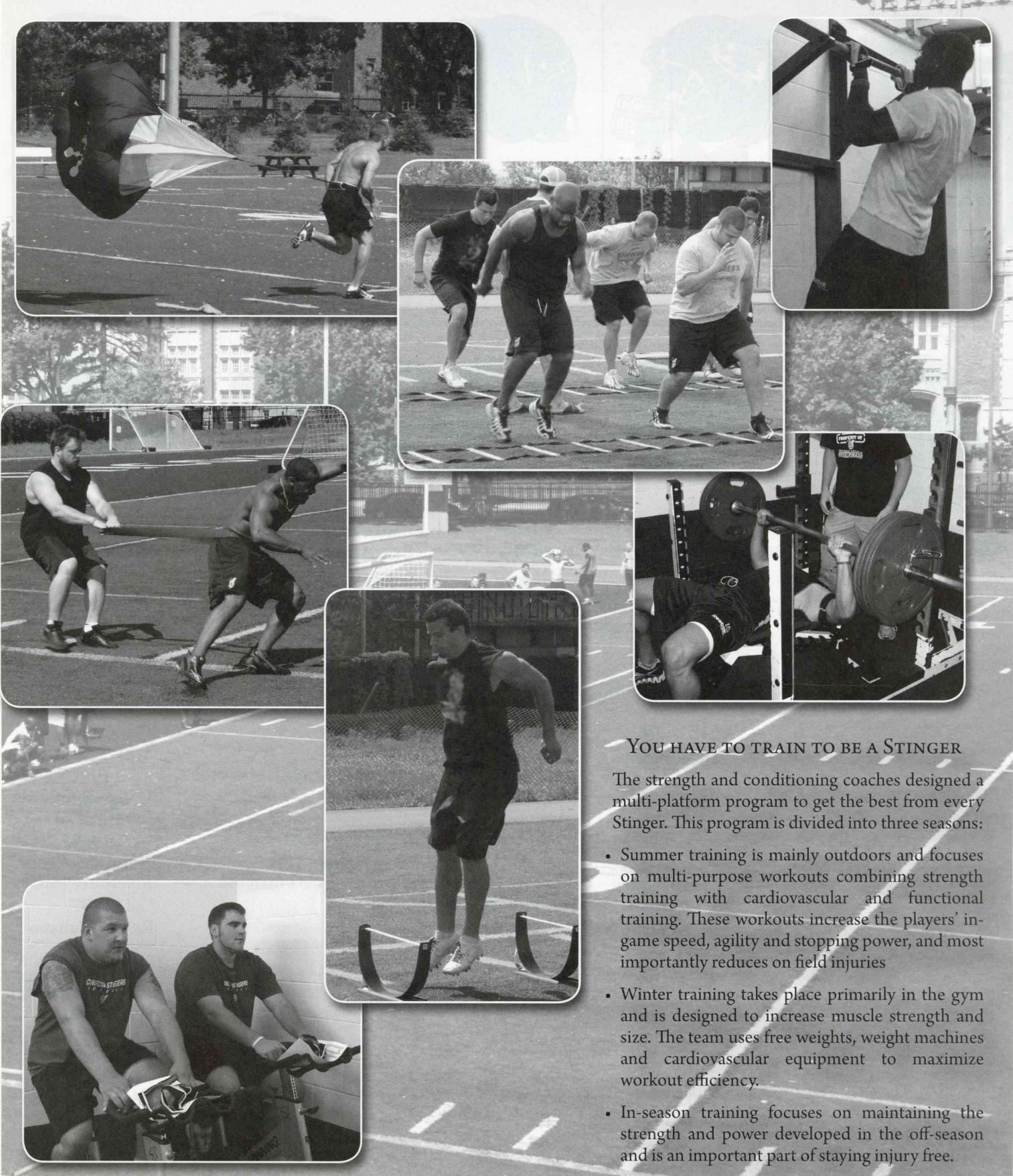
The Career Development Program prepares student-athletes for a successful entry into careers of their choice. A strategic plan for success is developed with the student-athletes by examining results from interest and ability testing. Workshops and seminars help student-athletes develop the skills necessary to conduct a successful job search.

Services and Program Goals

- The ACE program assists all first-year student-athletes in the development of the academic skills required to be successful at university.
- The goal of the program is to promote academic excellence and personal development while maintaining student-athlete eligibility. Student-athletes are encouraged to select academic programs that are consistent with their abilities, interests and career aspirations. Through counselling, workshops, and seminars ACE helps student-athletes develop a personal vision and success strategy for life.
- ACE carefully tracks the academic programs and performance of all student-athletes at Concordia University. Through constant review, the academic strengths and weaknesses of each student-athlete are monitored, and special programs can be developed to enhance their academic goals.
- The program serves as a resource for all student-athletes and enables each individual to obtain out-of-class academic support in the form of group or individual tutoring, supplemental instruction, academic mentoring and skill development workshops and seminars.
- All student-athletes considered 'at risk' are provided with a personal strategy that includes mandatory study-hall, tutoring and class attendance. Each 'at risk' student-athlete will also be assigned an academic mentor/advisor who will help them develop the skills and confidence to be academically successful.
- The program is integral to each student-athlete's academic life. ACE is flexible and offers academic support activities at times when it is possible for student-athletes to attend.
- ACE helps all student-athletes make a smooth transition from university to the workplace by providing a pro-active career development program. The program also provides counselling and guidance to those student-athletes interested in pursuing admission to post-graduate study early in their academic careers.

For more information about ACE visit athletics.concordia.ca/ace or contact ACE by email at ace@alcor.concordia.ca
For information on admissions to Concordia visit us at: www.concordia.ca/info/futurestudents/undergraduate

STRENGTH AND CONDITIONING



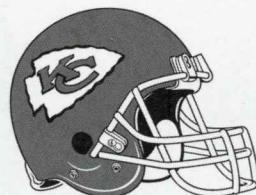
YOU HAVE TO TRAIN TO BE A STINGER

The strength and conditioning coaches designed a multi-platform program to get the best from every Stinger. This program is divided into three seasons:

- Summer training is mainly outdoors and focuses on multi-purpose workouts combining strength training with cardiovascular and functional training. These workouts increase the players' in-game speed, agility and stopping power, and most importantly reduces on field injuries
- Winter training takes place primarily in the gym and is designed to increase muscle strength and size. The team uses free weights, weight machines and cardiovascular equipment to maximize workout efficiency.
- In-season training focuses on maintaining the strength and power developed in the off-season and is an important part of staying injury free.



STINGERS IN THE PROS



**KANSAS CITY
CHIEFS**

2010
Cory Greenwood



HUSTON TEXANS

2010
Kristian Matte
(signed free agent)



DALLAS COWBOYS

2005
Sam Taulealea



**PITTSBURGH
STEELERS**

2002
Burke Dales



**MONTREAL
ALOUETTES**

2010
Kristian Matte
(1st round draft pick)

2007
Andrew Hamilton

2004
Rudy Hage

2003
Brad Collinson

2000
Jason Casey

1999
Sylvain Girard
Jeff Anderson

1996
Denis Montana

1987
Mike Bertone



**EDMONTON
ESKIMOS**

2008
Sammy Okpro

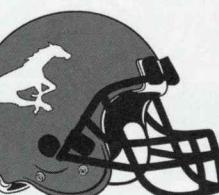
2007
Warren Kean

2004
Antony Jean

2001
Eric Bouris

1992
Simon Taylor

1981
Dan Pavlicik



**CALGARY
STAMPEDERS**

1999
Evans Davis Jr.

1997
Uzo Ubani

1996
Farell Duclair

1991
Nigel Smith

1989
Richard McCrory

1987
Rocco Romano

1986
Albert Calaguiro

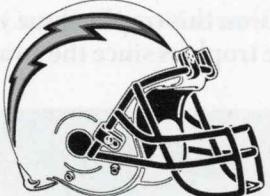
1976
Dave McMillan
Larry Tittley
Mike Walkukavic

**CLEVELAND BROWNS**

1999
Sylvain Girard

**MIAMI DOLPHINS**

1998
Denis Montana

**SAN DIEGO CHARGERS**

1995
Mark Montreuil

**OKLAHOMA CITY YARD DAWGZ**

2008
Keith Dauper

**WINNIPEG BLUE BOMBERS**

2010
Cory Watson
(2nd round draft pick)

2009
Mike Renaud

2003
Chris Cvetkovic

1985
Greg Miller

1976
Gary Anderson

**HAMILTON TIGER-CATS**

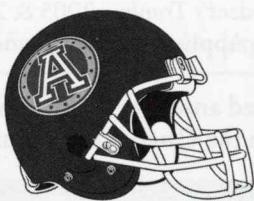
2005
Mickey Donovan

1987
Joe Fortune

1985
Lance Harry

1984
Tony Marrone

1983
Paul Palma
Martin Disabatino

**TORONTO ARGONAUTS**

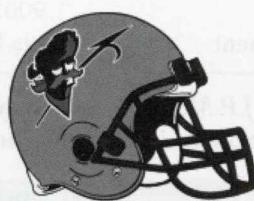
2009
Cory Greenwood
(1st round draft pick)

1998
Dave Miller-Johnston

1995
Mark Montreuil

1978
Clark Johnson

1976
John Montelpare
Bernie Muldoon

**OTTAWA ROUGHRIDERS**

1996
André Bolduc

1995
Dan Lavallee
Mike Simoncic

1993
Fred Marquette

1992
Ian Ployart

1985
Nick Benjamin

1976
Wade Clare

**SASKATCHEWAN ROUGHRIDERS**

1991
Paul Vajda
Paul Maines

1985
Roger Mayer

1983
Greg Thomas

1982
Gerry Prud'homme

1978
Mike Hume

**BC LIONS**

2004
Troy Cunningham



MAJOR AWARD WINNERS

The President's Trophy is awarded annually to the CIS Outstanding Defensive Player. Concordia is the only school to have won this trophy three years in a row. Pat Donovan is the second player to win two consecutive trophies since the award was first presented in 1980.



Cory Greenwood
President's Trophy - 2009
Undergrad Human Environment



Pat Donovan
President's Trophy - 2005 & 2006
BA Applied Human Sciences

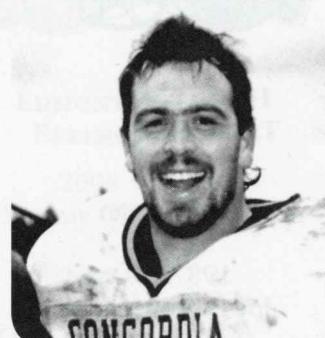


Mickey Donovan
President's Trophy - 2004
BA Applied Human Sciences

The J.P. Metras Trophy is awarded annually to the CIS Outstanding Down Lineman. Concordia is the first school in the Quebec conference to win this award twice.



Troy Cunningham
Metras Trophy - 2004
BA Applied Human Sciences



Paul Chesser
Metras Trophy - 1993
BA Economics
Diploma of Sports Administration

The Peter Gorman Trophy is awarded annually to the CIS Rookie of the Year. Liam Mahoney is the first Stinger to receive this award.



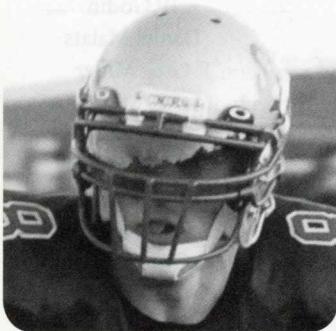
Liam Mahoney
Peter Gorman Trophy - 2007
Undergrad Film Studies



ALL-CANADIANS



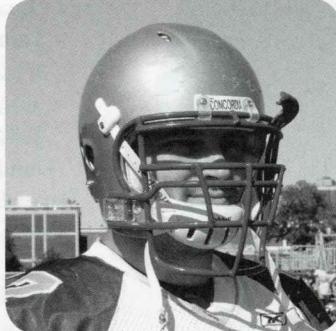
Players are selected to receive this honour by a committee composed of members of the Canadian University Football Coaches' Association (CUFCA).



Cory Greenwood
2009
Undergrad Human Environment



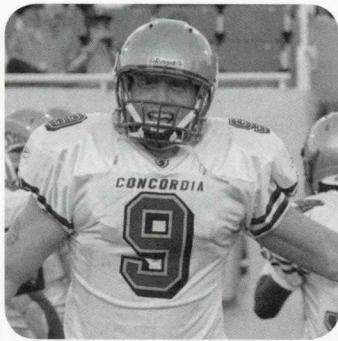
Cory Watson
2009
Undergrad Arts and Science



Kristian Matte
2009
Undergrad Leisure Science



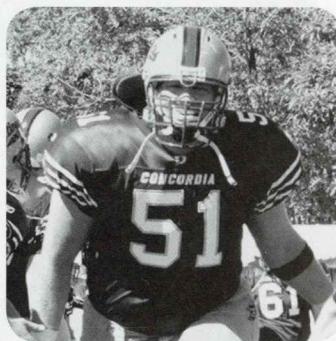
Sammy Okpro
2007 - 2006 - 2005
Undergrad Human Relations



Pat Donovan
2006 - 2005
BA Applied Human Sciences



Mobido Sidibe
2006 - 2005
Undergrad Sociology



Keith Dauper
2006
BA Human Relations

2005
Warren Kean
Scott Syvret
Mike Renaud

2004
Mickey Donovan
Troy Cunningham
Mike Renaud

2003
Jean-Michel Paquette
Mickey Donovan
Troy Cunningham

2002
David Aiken

2001
Burke Dales

2000
Steve Jobin
Loan Duong

1999
Jason Casey

1998
Dwayne Bromfield

1997
Dave Miller Johnston
Jeff Anderson
Lenroy Henry

1996
Dominik Goulet

1994
Marc Fortier
Luc Pelland

1993
Paul Chesser
Luc Pelland

1991
Jean-François Héroux
Jacques Moreau

1990
Ron Aboud
Stéphane Chapados
Paul Vajda

1989
Ian Ployart
Bryan Vajda

1988
Mirco Butth
Richard McCrory
Paul Vajda

1987
Mike Bertone

1986
Rocco Romano

1985
Greg Miller

1984
Nick Benjamin

1983
Nick Benjamin

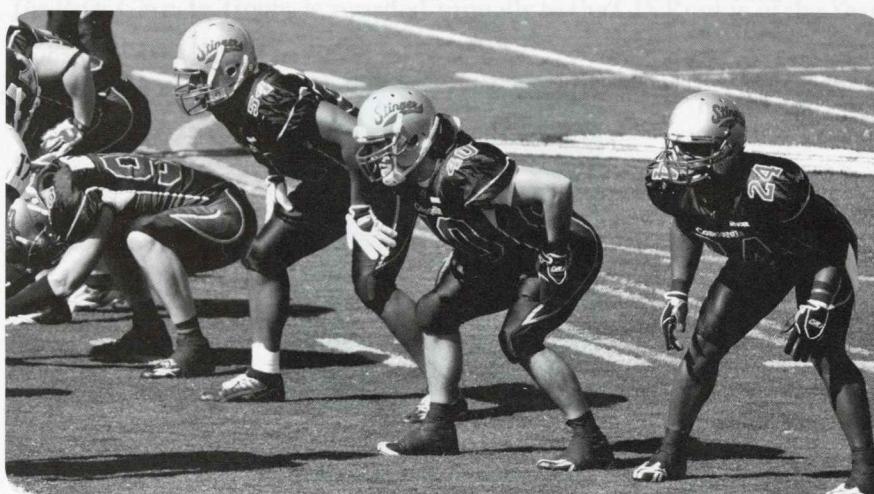
1982
Paul Palma

1981
Gerry Prud'homme



QUEBEC CONFERENCE ALL-STARS

2009	2002	1997	1991	1985
Cory Greenwood Rob Mackay Cory Watson Kristian Matte	Jean-Michel Paquette Darrell Wood Troy Cunningham David Aiken	Dave Miller Johnston Jeff Anderson Loan Duong Lenroy Henry	Jean-François Héroux Fred Marquette Hubert Marsolais Jacques Moreau Gaston Thibodeau	Gino Carlacci Joe Fortune JF Godin Daniel Malats Greg Miller
2008	2001	1996	1990	1984
Nicholas Arsenault-Hum Cory Greenwood	Jean-Michel Paquette Brad Remus Adam Heming Alex Oliveira David Aiken Burke Dales	Jeff Anderson Dominik Goulet Dave Miller Johnston	Ron Aboud Stephane Chapados John Dilegge Jean-François Joyal Jacques Moreau Gaston Thibodeau	Nick Benjamin Lance Harry Roger Mayer Greg Miller
2007	2000	1995	1989	1983
Sammy Okpro Keith Dauper Rene Paredes Cory Greenwood	Loan Duong Wayne Dunn Burke Dales Steve Jobin David Laliberté	André Bolduc Dimitrios Manolopoulos Johnny Petrella	Jean-François Héroux Ian Ployart Bryan Vajda	Nick Benjamin Albert Calaguiro JF Godin Lance Harry Frank Montelpare Ross Reeves
2006	1999	1994	1988	1982
Keith Dauper Warren Kean Mike Renaud Mark Kang Sammy Okpro Pat Donovan Mobido Sidibe Sylvester Sarfo	Sean Gordon Wayne Dunn Jason Casey Steve Jobin Burke Dales Matt Orlando Scott Ashworth Matt Trudeau	André Bolduc Marc Fortier Dan Lavallee Dimitrios Manolopoulos Luc Pelland	Ron Aboud Mirco Buth Stephane Chapados Martin Ferdais Richard McCrory Paul Vajda Pat Yosh	Phil MacAuley Tony Marrone Frank Montelpare Paul Palma Ross Reeves Mark Vendramin
2005	1998	1993	1987	1981
Scott Syvret Dan Mott Keith Dauper Warren Kean Mike Renaud Patrick Donovan Sammy Okpro Mobido Sidibe	Terrance Alphonso Dave Miller Johnston Sean Gordon Dwayne Bromfield Greg Casey	Paul Geary Dimitrios Manolopoulos Giovanni Petrella Gaston Thibodeau	Mike Bertone	Colin Anderson Mike Heathfield Paul Palma Dan Pavlicik Ron Pierce Gerry Prud'homme Ross Reeves Rick Sabourin
2004				1980
Mickey Donovan Troy Cunningham Mike Renaud Warren Kean Mobido Sidibe Kerry Clahane				John Outrigde David Pavlicik Gerry Prud'homme
2003				1979
Jean-Michel Paquette Mickey Donovan Troy Cunningham Shawn Cummins Brad Remus Antony Jean Chris Jewell				Phil Roberts Bruce Wilkins
				1977
				Mike Hume
				1975
				John Montelpare Bernie Muldoon





HIGH SCHOOL ALL-STARS ARE CHOOSING CONCORDIA

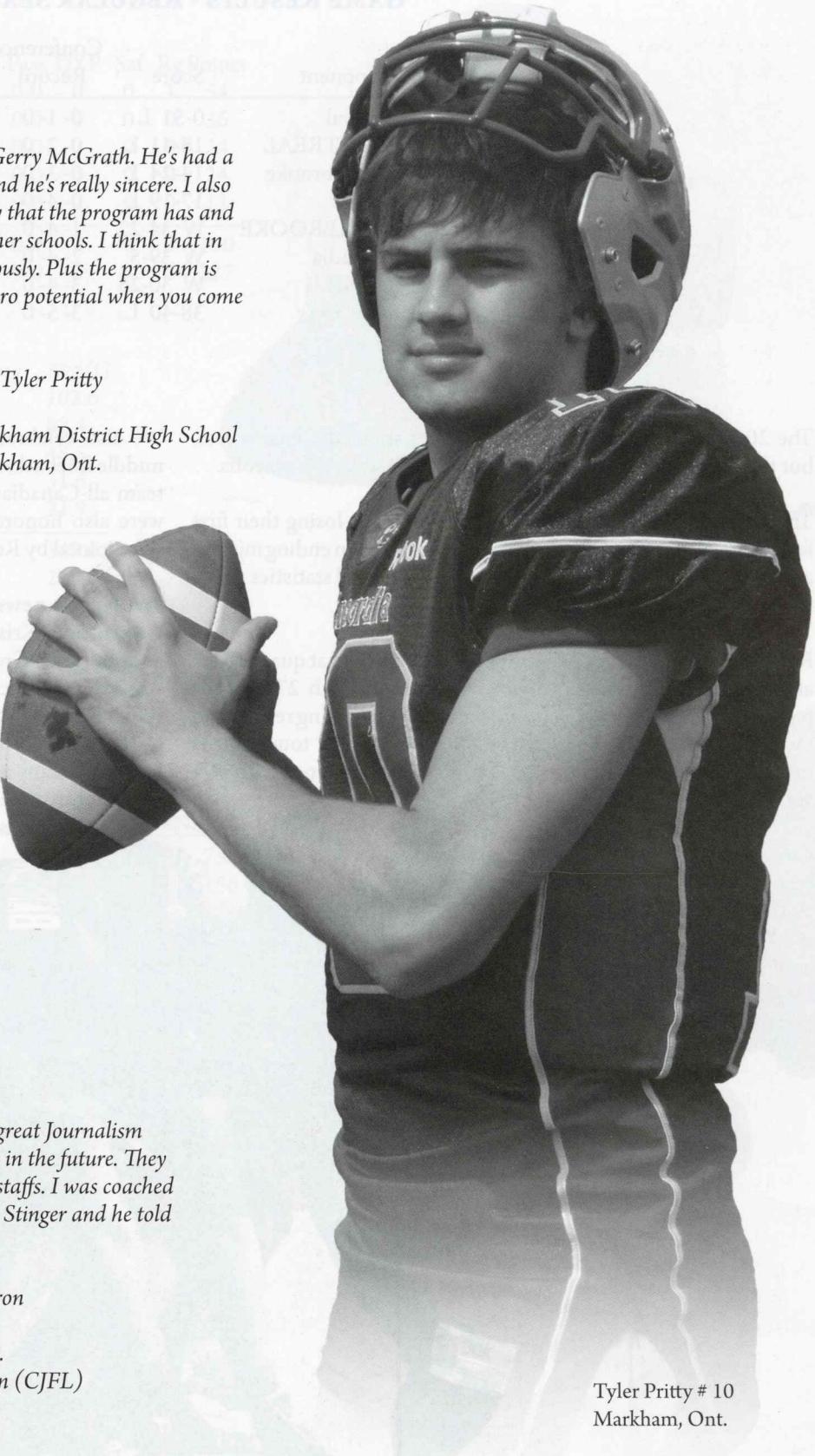
"Concordia has great coaches like Gerry McGrath. He's had a lot of experience coaching offense and he's really sincere. I also like the program, I like the intensity that the program has and I didn't see the same intensity at other schools. I think that in Quebec, football is taken more seriously. Plus the program is affiliated with the CFL so there is pro potential when you come to a school like Concordia."

#10 Tyler Pritty
QB
Markham District High School
Markham, Ont.

"I felt that Montreal was a good place to raise a family and Concordia is very strong in school tradition. My coach Jason Casey played out here and he said that Concordia had one of the best programs in Canada."

#34 Paul Spencer
S
Kelowna, B.C.
Okanagan Sun (CJFL)

22 Max Caron
LB
Kingston, Ont.
Okanagan Sun (CJFL)



Tyler Pritty # 10
Markham, Ont.



2009 SEASON REVIEW

GAME RESULTS - REGULAR SEASON

Date	Opponent	Score	Conference Record	Attendance
Sept. 6	at Laval	0-51 L	0-1-0	15607
Sept 13	MONTREAL	18-41 L	0-2-0	3481
Sept 19	at Sherbrooke	14-24 L	0-3-0	6711
Sept 26	ST. FX	17-19 L	0-4-0	2101
Oct 3	SHERBROOKE	W 34-22	1-4-0	1414
Oct 17	at Acadia	W 39-5	2-4-0	1758
Oct 24	MCGILL	W 30-25	3-4-0	1217
Oct 31	at Bishop's	38-40 L	3-5-0	1973

The 2009 season was impressive not because of the final scores, but the number of records broken along the way to the playoffs.

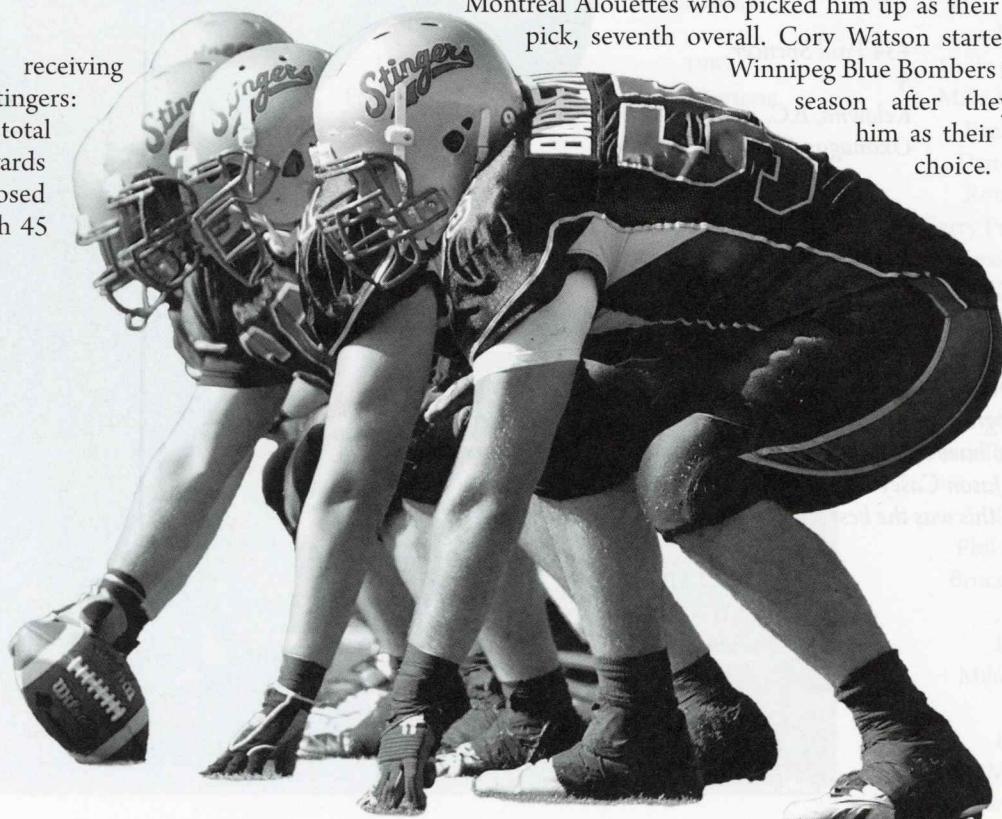
The season didn't open strongly for the Stingers, losing their first four games, but despite a few setbacks such as season ending injuries and replacing seven graduated players, the on-field statistics told a much brighter story.

Rob Mackay made an impression when he returned at quarterback after two years on the sidelines with injuries. With 2739 yards passed for the season, Mackay broke the QUFL passing record and owns all Concordia passing records, including most touchdowns in a season with 18, and the single game passing record with 494 yards.

Concordia's single-season receiving record was broken by two Stingers: slotback Cory Watson with a total of 52 receptions for 821 yards and Liam Mahoney who closed his first season at receiver with 45 receptions for 619 yards.

We also celebrated Concordia's fourth President's trophy with middle linebacker Cory Greenwood who was also named CIS first team all-Canadian. Teammates Cory Watson and Kristian Matte were also honored as CIS second team all-Canadian. All three were joined by Rob Mackay as QUFL all-stars.

The biggest news was at the CFL Draft when '09 Stingers Cory Greenwood, Kristian Matte, and Cory Watson were all selected as draft picks. Greenwood was picked third overall as the Toronto Argonauts' first choice but the linebacker chose to sign with the NFL's Kansas City Chiefs making him the seventh Stinger to sign in the NFL. Offensive lineman Kristian Matte signed with the Houston Texans as a free agent but is now on the roster with the Montreal Alouettes who picked him up as their first round pick, seventh overall. Cory Watson started with the Winnipeg Blue Bombers in the 2010 season after they grabbed him as their first round choice.



TOP PASSING LEADERS

	GP	Effic	Cmp-Att-Int	Pct	Yds	TD	Lng	Avg/G
Robert Mackay	8	141.61	201-328-13	61.3	2739	18	82	342.4
T. Morsink	8	184.27	2-3-0	66.7	42	0	32	5.2
Team Total	8	140.57	203-331-13	61.3	2725	18	82	340.6
Team Opponents	8	125.62	169-277-6	61.0	1802	12	52	225.2

TOP 5 SCORING LEADERS

	TD	FGs	Kick	Rush	Rcv	Pass	DXP	Saf	Rg	Points
Rene Parades	0	11-18	20-21	0-0	0	0-0	0	0	1	54
Cory Watson	6	0-0	0-0	0-0	0	0-0	0	0	0	36
Liam Mahoney	4	0-0	0-0	0-0	0	0-0	0	0	0	24
Ely Aramouni	4	0-0	0-0	0-0	0	0-0	0	0	0	24
C. Ferdinand	2	0-0	0-0	0-0	0	0-0	0	0	0	12
Team Total	21	11-18	20-21	0-0	0	0-0	0	4	3	190
Team Opponents	23	17-23	22-23	0-0	0	0-0	0	5	6	227

TOP 5 RECEIVING LEADERS

	GP	No.	Yds	Avg	TD	Long	Avg/G
Cory Watson	8	52	821	15.8	6	65	102.6
Liam Mahoney	7	45	619	13.8	4	82	88.4
Dan Rodrigues	8	29	388	13.4	2	42	48.5
Arian Francois	7	16	221	13.8	0	39	31.6
Corey Greenaway	8	16	175	10.9	0	24	21.9
Team Total	8	203	2781	13.7	18	82	347.6
Team Opponents	8	169	1838	10.9	12	52	229.8

TOP 5 RUSHING LEADERS

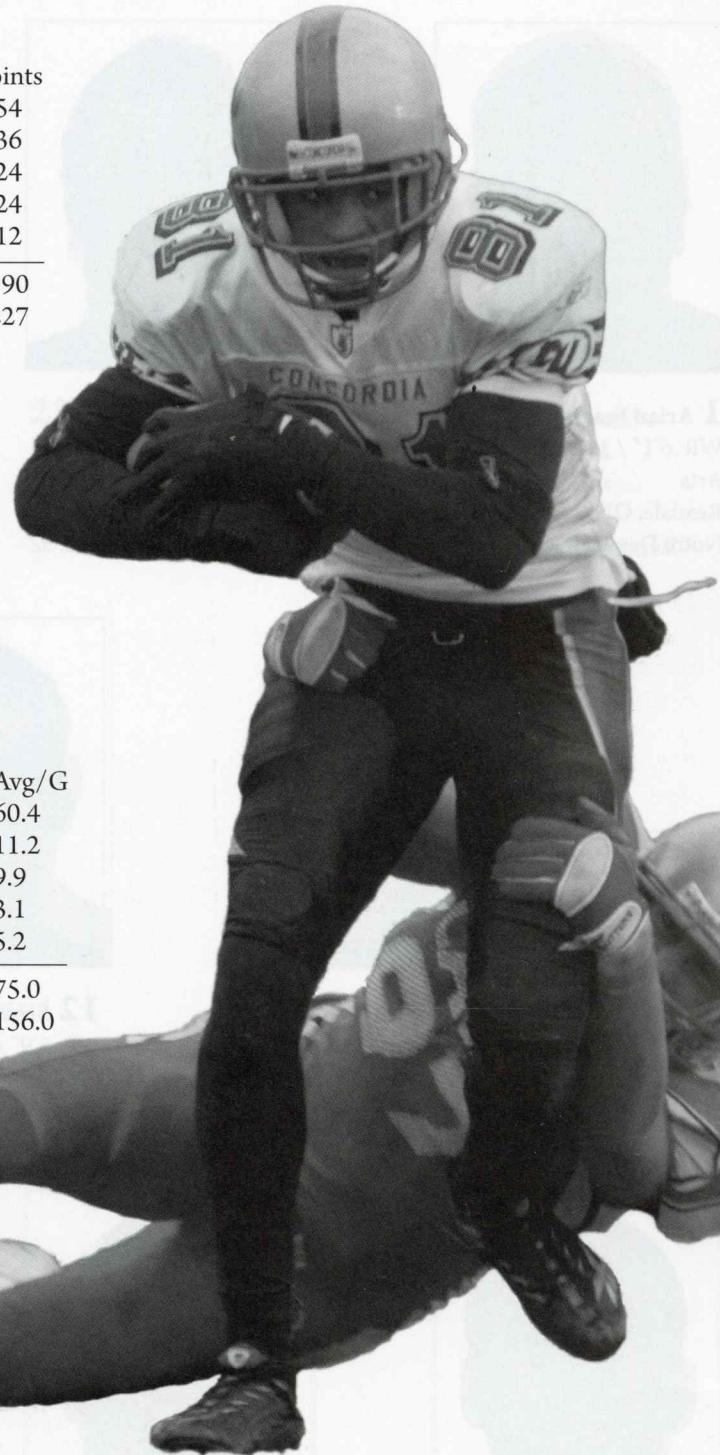
	GP	Att	Gain	Loss	Net	Avg	TD	Long	Avg/G
C. Ferdinand	8	80	517	34	483	6.0	2	38	60.4
Robert Mackay	8	24	119	29	90	3.8	1	33	11.2
Liam Mahoney	7	21	77	8	69	3.3	0	12	9.9
Blair Yachetti	7	6	24	2	22	3.7	0	15	3.1
Edem Nyamadi	4	7	22	1	21	3.0	0	8	5.2
Team Total	8	168	779	179	600	3.6	3	38	75.0
Team Opponents	8	230	1392	144	1248	5.4	8	58	156.0

TOP 5 DEFENSIVE LEADERS

	GP	Tackles-----		
		Solo	Ast	Total
8 Cory Greenwood	8	52	20	62.0
4 Kyle Smith	8	35	6	38.0
6 Christ. Walcott	8	31	9	35.5
31 Nathan Taylor	8	31	8	35.0
11 Jahmall Rickman	8	26	10	31.0
Team Total	8	358	124	420.0
Team Opponents	8	331	128	395.0

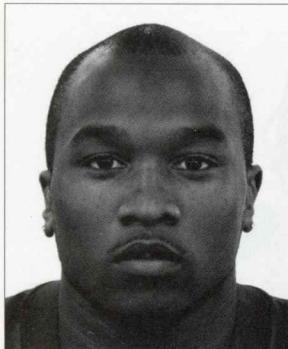
TOP 5 OFFENSIVE LEADERS

	GP	Plays	Rush	Pass	Total	Avg/G
Robert Mackay	8	352	90	2739	2829	353.6
C. Ferdinand	8	80	483	0	483	60.4
Liam Mahoney	7	21	69	0	69	9.9
T. Morsink	8	3	0	42	42	5.2
Blair Yachetti	7	6	22	0	22	3.1
Team Total	8	499	600	2725	3325	415.6
Team Opponents	8	507	1248	1802	3050	381.2

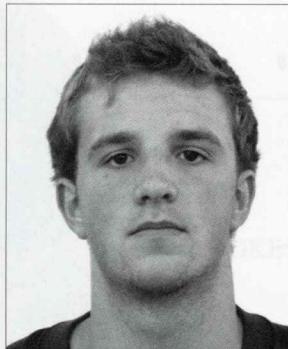




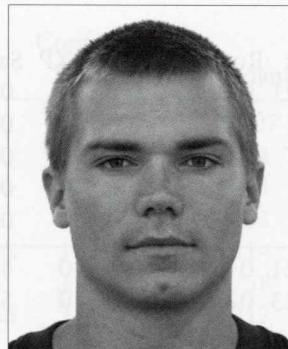
2010 CONCORDIA STINGERS RETURNING PLAYERS



1 Arian Francois
WR 6'1" / 192 lbs.
Arts
Rexdale, ON
Notre Dame HS



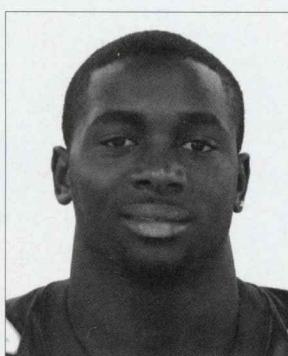
3 Terrance Morsink
QB 6'3" / 185 lbs.
Marketing
Pierrefonds, QC
John Abbott College



4 Kyle Smith
CB 5'9" / 180 lbs.
Human Relations
Châteauguay, QC
Kent Prep School



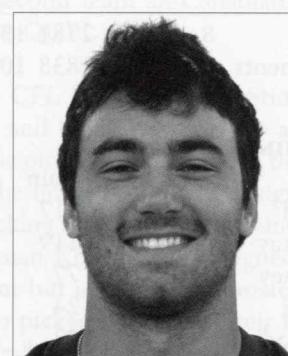
5 Michael Donnelly
RB 5'10" / 210 lbs.
History
Ottawa, ON
University of Ottawa



6 Christian Walcott
HB 5'10" / 194 lbs.
International Business
Markham, ON
Birchmont Park CI



12 Scott Mironowicz
WR 5'9" / 155 lbs.
Business Administration
Kirkland, QC
John Abbott College



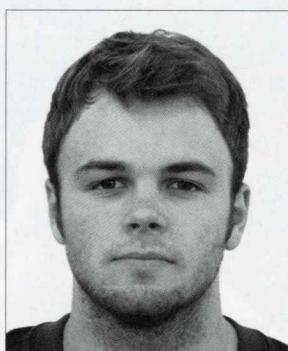
14 Liam Mahoney
SB 6'1" / 207 lbs.
Film Studies
Lachine, QC
Vanier College



15 Rene Paredes
K/P 5'11" / 191 lbs.
Leisure Sciences
Pierrefonds, QC
John Abbott College



16 Eli Aramouni
SB 6'2" / 205 lbs.
Human Relations
Ottawa, ON
Ottawa (QJFL)

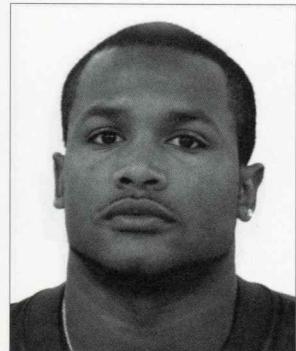


17 Robert Mackay
QB 6'2" / 217 lbs.
Human Relations
Port Dover, ON
St. Andrew's College



**18 Nicholas
Arsenault-Hum**
S 6'0" / 191 lbs.
Mechanical Engineering
Ste. Catherine, QC
CEGEP Vieux Montréal

2010 CONCORDIA STINGERS RETURNING PLAYERS



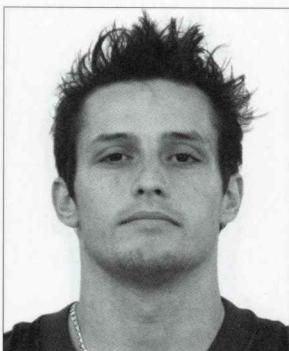
20 Edem Nyamadi

RB 5'9" / 196 lbs.

Arts and Science

Montreal, QC

Bridgton Academy



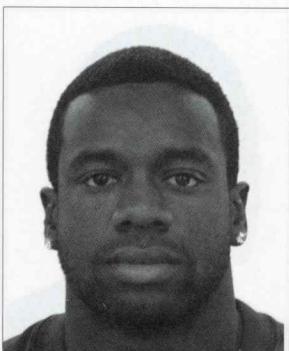
21 Sébastien Deschamps

HB 5'11" / 190 lbs.

Economics

Ste. Julie, QC

Collège Édouard-Monpetit



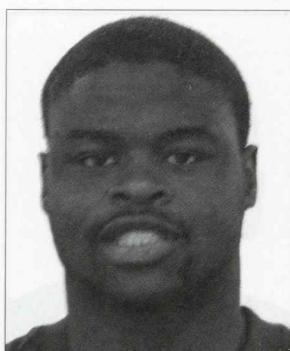
23 Kris Robertson

CB 5'8" / 176 lbs.

Anthropology

Pickering, ON

St. Mary's Catholic SS



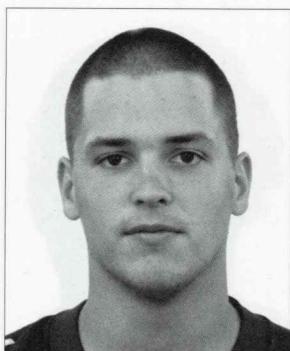
24 Gracia Mwembo

LB 5'7" / 199 lbs.

Human Relations

Montreal, QC

CEGEP Vieux Montréal



26 Alex Manseau

HB 5'11" / 182 lbs.

Translation

Drummondville, QC

CEGEP de Victoriaville



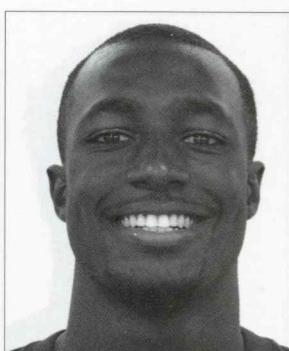
28 Wesley Maynard

FB 5'8" / 213 lbs.

Political Science

Toronto, ON

St. Michael's College



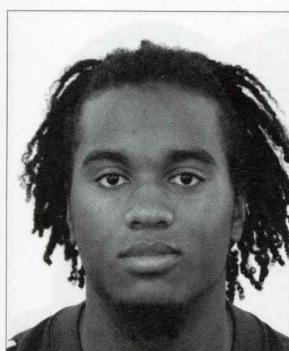
30 Kevin Prempeh

CB 6'3" / 190 lbs.

Political Science

Scarborough, ON

Senator O'Connor HS



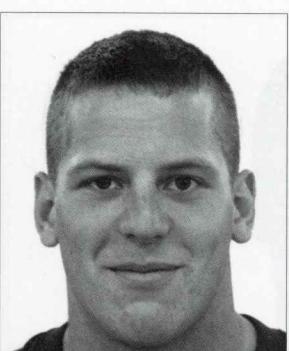
31 Nathan Taylor

CB 5'8" / 186 lbs.

Human Environment

LaSalle, QC

Vanier College



36 Michael Whiton

DE 6'1" / 217 lbs.

Sociology

Simcoe, ON

Simcoe Composite HS



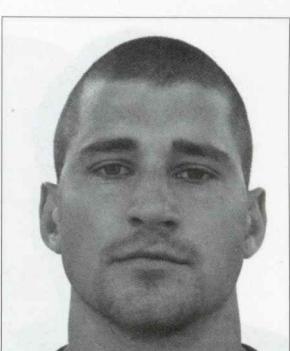
37 Darren Edwards

HB 6'0" / 195 lbs.

Exercise Science

Hamilton, ON

St. Thomas More SS



39 Dumitru Ionita

K/P 6'2" / 208 lbs.

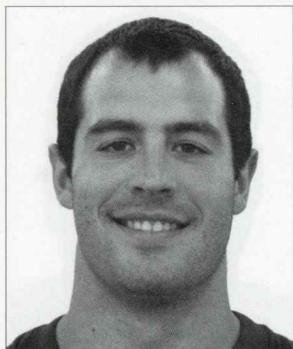
Urban Studies

Woodstock, ON

St. Mary's Catholic HS



2010 CONCORDIA STINGERS RETURNING PLAYERS



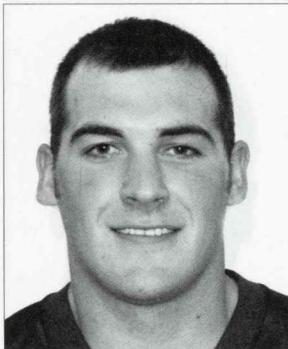
40 Nicola Tomassini

LB 5'11" / 206 lbs.

Film Production

Montreal, QC

CEGEP Vieux Montréal



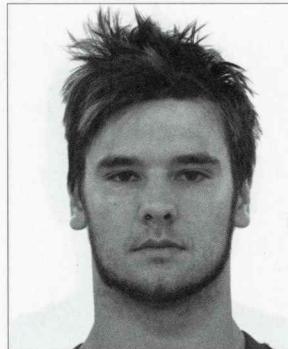
41 Bryan Charleau

LB 6'2" / 215 lbs.

Arts

Simcoe, ON

Simcoe Composite HS



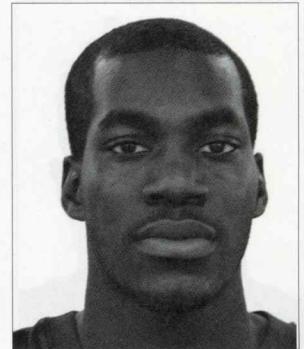
42 Alexandre Lemire

LB 6'1" / 215 lbs.

Civil Engineering

Otterburn Park, QC

Collège Édouard-Montpetit



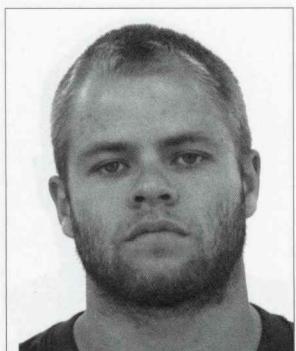
43 David Deku

DE 6'3" / 214 lbs.

History

Brossard, QC

Champlain-St. Lambert



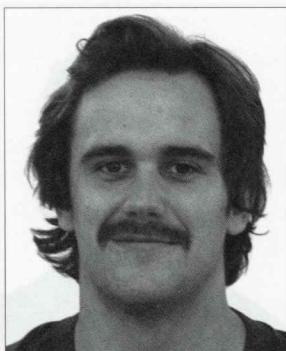
44 Marc-André Lewis

LB 6'0" / 207 lbs.

Finance

Ste. Basile-le-Grand, QC

Collège Édouard-Monpetit



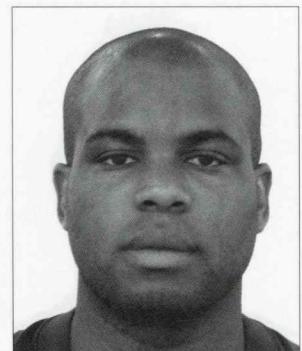
51 Joel Belerique

OT 6'3" / 258 lbs.

Anthropology

Holland Landing, ON

Huron Heights HS



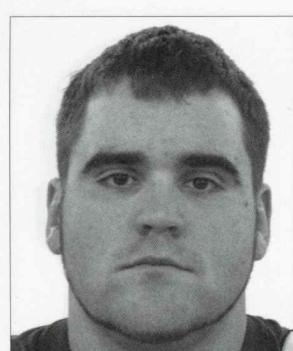
54 Kamil Thompson-Hutchinson

DE 6'0" / 230 lbs.

Leisure Sciences

Montreal, QC

John Abbott College



55 Anthony Barrette

OT 6'5" / 320 lbs.

History

Verdun, QC

Vanier College



58 Dan Lavinskas

OG 6'2" / 291 lbs.

Management

Montreal, QC

Champlain College



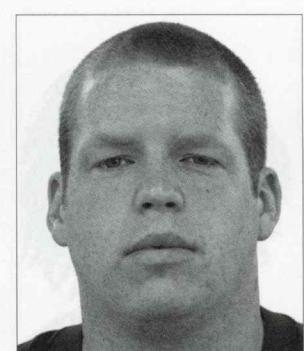
59 Isaac Throop

OT 6'5" / 240 lbs.

History

Kingston, ON

Lasalle SS



61 Jason Layden

OG 6'1" / 282 lbs.

Marketing

Hamilton, ON

St. Thomas More SS

2010 CONCORDIA STINGERS RETURNING PLAYERS



64 **Corey Newman**

C 6'2" / 307 lbs.

Applied Human Science

Châteauguay, QC

Loomis Chaffee Prep



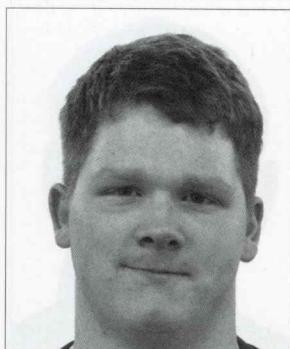
66 **Daryl Rankin**

DT 6'0" / 288 lbs.

History

Verdun, QC

Vanier College



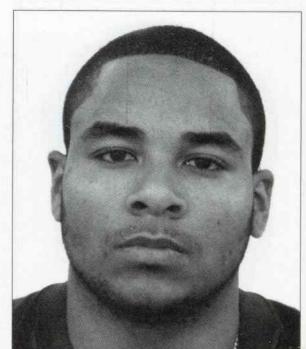
68 **Christopher Nagy**

OG 6'3" / 283 lbs.

Physics

Markham, ON

Markham District HS



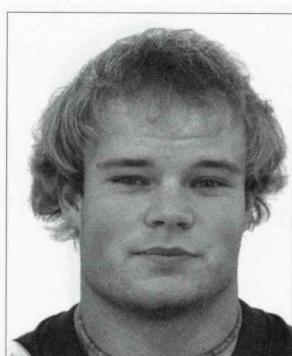
72 **Maurice Forbes**

DT 6'3" / 300 lbs.

Human Relations

Toronto, ON

Mississauga (OVFL)



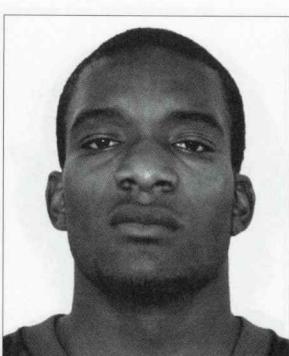
85 **Shaymus McFadden**

SB 5'11" / 186 lbs.

Finance

Ottawa, ON

Ottawa (QJFL)



87 **Sanchez Deschamps**

WR 6'1" / 195 lbs.

Human Environment

Mississauga, ON

Vanier College



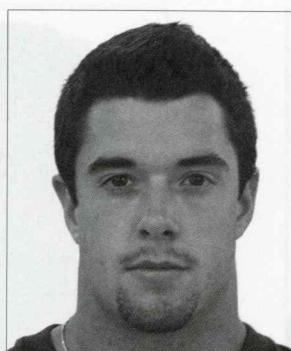
88 **Dan Rodrigues**

WR 5'10" / 162 lbs.

Journalism

Oakville, ON

Loyola SS



91 **Zander Borsiczky**

DE 6'2" / 210 lbs.

Political Science

Stowe, VT

Holdeiness School



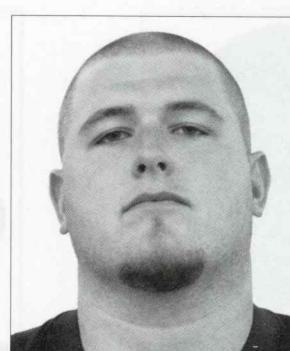
92 **Matthew Horne**

DE 6'4" / 218 lbs.

Exercise Science

Vaudreuil-Dorion, QC

John Abbott College



99 **Alexandre Turp**

DT 6'4" / 320 lbs.

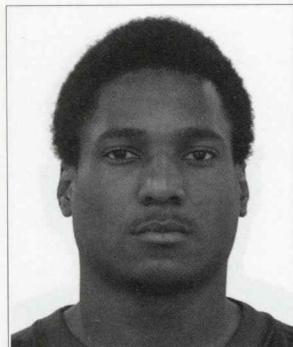
Journalism

Montreal, QC

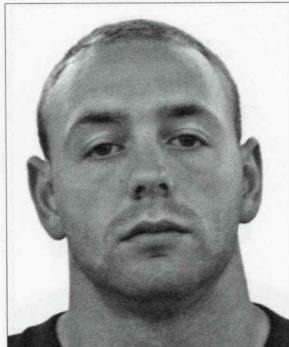
CEGEP Vieux Montréal



2010 CONCORDIA STINGERS FRESHMEN



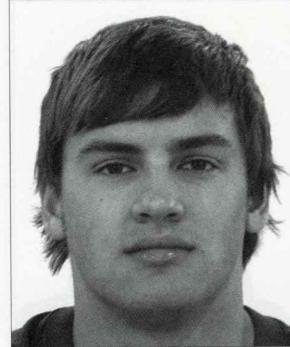
2 Raul Thompson
RB 5'10" / 184 lbs.
Sociology
Mississauga, ON
Our Lady of Mount Carmel SS



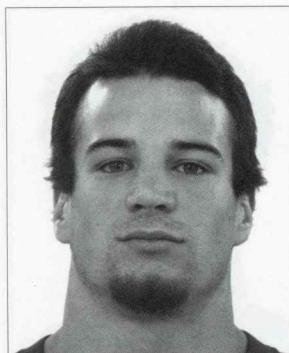
7 Michael Harrington
SB 5'11" / 200 lbs.
Arts
LaSalle, QC
Vanier College



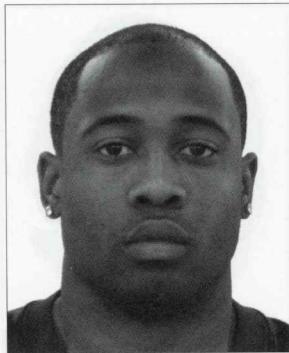
8 Kristopher Bastien
SB 6'3" / 197 lbs.
Leisure Sciences
St. Lambert, QC
Champlain-St. Lambert



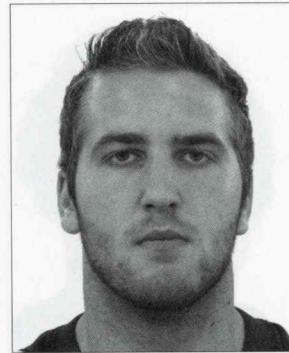
10 Tyler Pritty
QB 6'1" / 184 lbs.
Human Relations
Markham, ON
Markham District HS



11 Paul Spencer
S 5'11" / 193 lbs.
Arts and Science
Kelowna, BC
Okanagan Sun (CJFL)



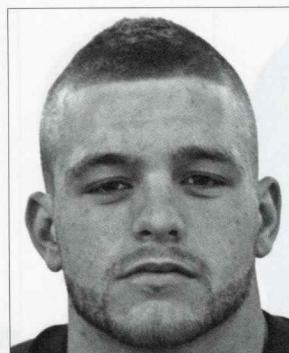
13 Travis Bent
LB 6'0" / 210 lbs.
Anthropology
Ajax, ON
Pickering HS



19 Shawn Barriault
LB 5'11" / 219 lbs.
Exercise Science
Ajax, ON
Notre Dame HS



22 Maxwell Caron
LB 6'1" / 207 lbs.
Arts and Science
Kingston, ON
Okanagan Sun (CJFL)



25 Justin Jolin
RB 6'0" / 215 lbs.
History
Montreal, QC
Canmore High School

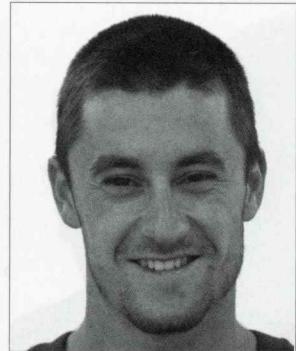


27 Felix Potvin
RB 5'10" / 205 lbs.
Psychology
Sutton, QC
University of Ottawa



29 Joseph Fulginiti
HB/K 5'7" / 172 lbs.
Finance
Ile Bizard, QC
Wyoming Seminary

2010 CONCORDIA STINGERS FRESHMEN



32 Pierre-Olivier Breault
CB 5'9" / 155 lbs.
History
Longueuil, QC
Collège Montmorency



33 Taylor Cook
LB 6'0" / 208 lbs.
Finance
Kitchner, ON
Cameron Heights HS



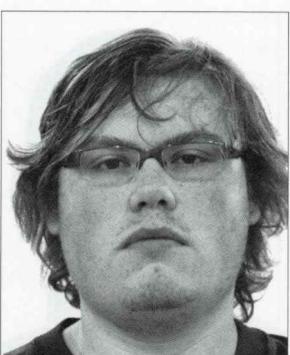
35 Peter Daniel Sourtzis
RB 5'8" / 176 lbs.
Economics
Mississauga, ON
St. Marcellinus SS



38 Brendan Urness
RB/LS 5'8" / 231 lbs.
Arts
Grande Prairie, AB
Okanagan Sun (CJFL)



50 Phillippe Patenaude Lavallée
LB 6'1" / 217 lbs.
International Business
Guelph, ON
John Abbott College



52 Mitchell Thompson
OT 6'4" / 303 lbs.
Marketing
Thunder Bay, ON
Sir Winston Churchill HS



53 Andrew Campbell
DE 6'3" / 240 lbs.
Urban Studies
Ajax, ON
Notre Dame Catholic SS



56 Andrew Barlett
LB 6'3" / 197 lbs.
Human Relations
Burlington, ON
Notre Dame Catholic SS



57 Matthew Kuhnhen
OG 6'0" / 282 lbs.
Sociology
Lacombe, AB
Calgary Colts (CJFL)



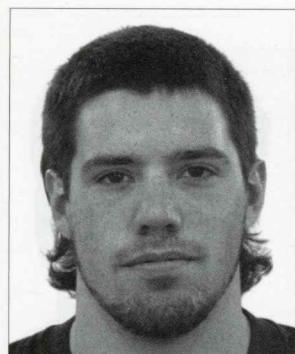
60 Matthew Giammichele
OG 6'4" / 303 lbs.
Human Environment
Hamilton, ON
St. Thomas More SS



62 Bill Geiling
OT 6'4" / 333 lbs.
Urban Studies
Sault Ste. Marie, ON
Sir James Dunn HS



2010 CONCORDIA STINGERS FRESHMEN



77 Kyle Black

DT 6'2" / 238 lbs.

Child Studies

Montreal, QC

Hebron Academy



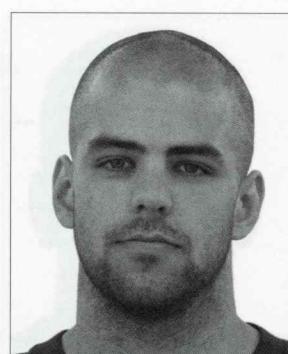
80 Jesse McPhail

SB 6'1" / 191 lbs.

Urban Studies

St. Andrew's West, ON

Wildcats (OVFL)



82 David Lessard

SB 6'2" / 206 lbs.

Biology

Cowansville, QC

CEGEP Victoriaville



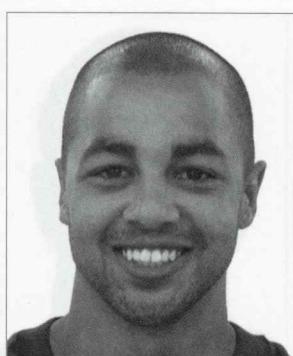
83 Ryan Lelinowski

SB 5'7" / 165 lbs.

Judaic Studies

Montreal, QC

Vanier College



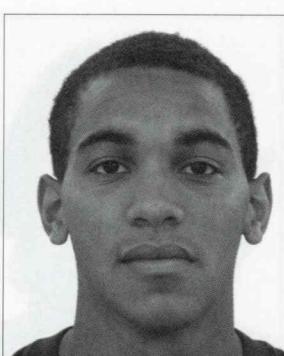
84 Jeremy Levy

SB 5'6" / 157 lbs.

Applied Human Science

Vancouver, BC

Simon Fraser University



86 Alessandro Ciampaglia

WR 6'4" / 207 lbs.

Urban Studies

Cornwall, ON

Cornwall Collegiate & Vocational



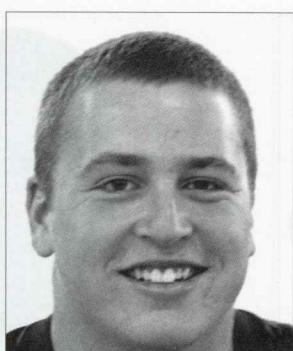
89 Ryan Brewster

SB 6'2" / 212 lbs.

Arts

Brampton, ON

Châteauguay (QJFL)



90 Quinn Smith

DE 6'1" / 289 lbs.

Leisure Sciences

Scarborough, ON

Birchmont Park CI



93 Louis Taillon

DE 6'2" / 225 lbs.

Religion

Quebec City, QC

Collège F-X Garneau



94 Emmanuel Cazeau-Wagnac

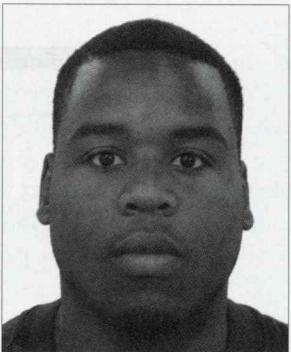
LB 5'11" / 200 lbs.

English Literature

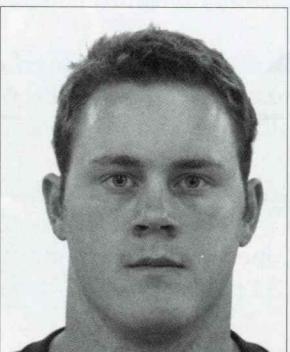
Montreal, QC

Collège Édouard-Montpetit

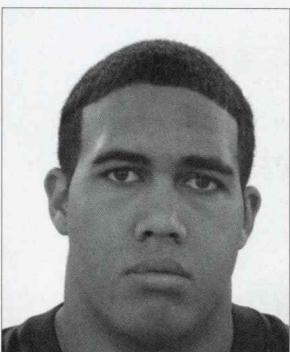
2010 CONCORDIA STINGERS FRESHMEN



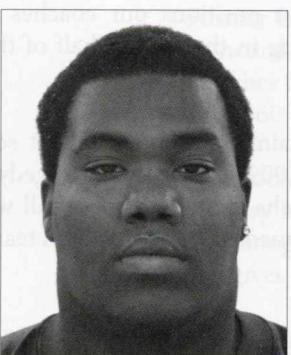
95 Donny Cave
LB 6'1" / 220 lbs.
Human Relations
Ottawa, ON
Ottawa-Myers (QJFL)



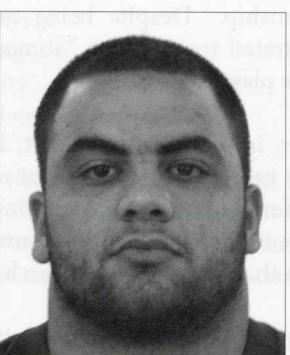
96 Matthew Meyer
DE 6'2" / 223 lbs.
Sociology
Calgary, AB
Calgary Colts (CJFL)



97 Shaquille Armstrong
DT 6'2" / 285 lbs.
Leisure Sciences
Winnipeg, MB
Winnipeg Rifles (CJFL)



98 Karl Poyau
DT 6'2" / 294 lbs.
Political Science
St. Eustache, QC
Vanier College



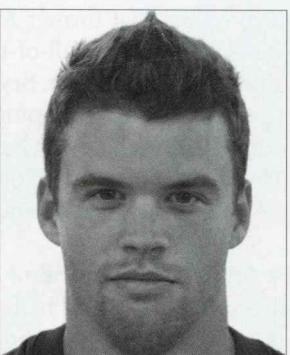
Rany Al-Zawahra
DT 5'10" / 285 lbs.
Arts
Laval, QC
CEGEP Vieux Montréal



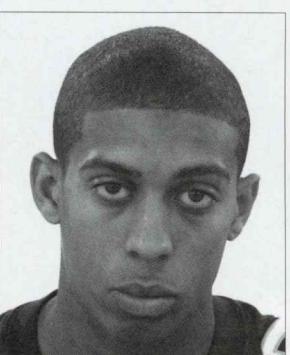
Hrag Kechichian
LB 5'9" / 210 lbs.
Human Relations
Beirut, Lebanon
Collège Montmorency



Eric Noivo
DE 6'1" / 198 lbs.
Psychology
Kirkland, QC
John Abbott College



Robert Payne
DB 5'9" / 180 lbs.
Arts
Candiac, QC
University of Ottawa



Andre Rose
CB 6'1" / 189 lbs.
Sociology
Toronto, ON
Thistletown CI



COACH'S ZONE

Greetings from Concordia Football.

On behalf of my staff and players I would like to take this opportunity to bring you up to date on some of the outstanding achievements of the Concordia Football program and the student-athletes that continue to set the standard for what it means to be a Stinger.

Our program has celebrated many outstanding achievements over the past six years. During this span we have amassed 10 all-Canadians and six major awards including four President's trophies, one Metras trophy, and one Peter Gorman trophy. During this same period we have also seen 11 players sign CFL contracts and three sign NFL contracts.

The Concordia Football Program has not missed the playoffs since the transition year of 2000. While competing in the toughest conference in the country, Concordia has played in the league championship in five of the previous nine years.

In 2009 the program staggered but did not fall down. We started the season by losing our first four games. We suffered setbacks in the form of season ending injuries to key personnel. We replaced seven outstanding graduates from the 2008 season that saw us come within seconds of defeating the defending Vanier Cup Champions, the Rouge et Or, in the league championship. Despite being outmanned at most positions our coaches and players demonstrated tremendous "Stinger Pride" by rallying in the second half of the season to make the playoffs.

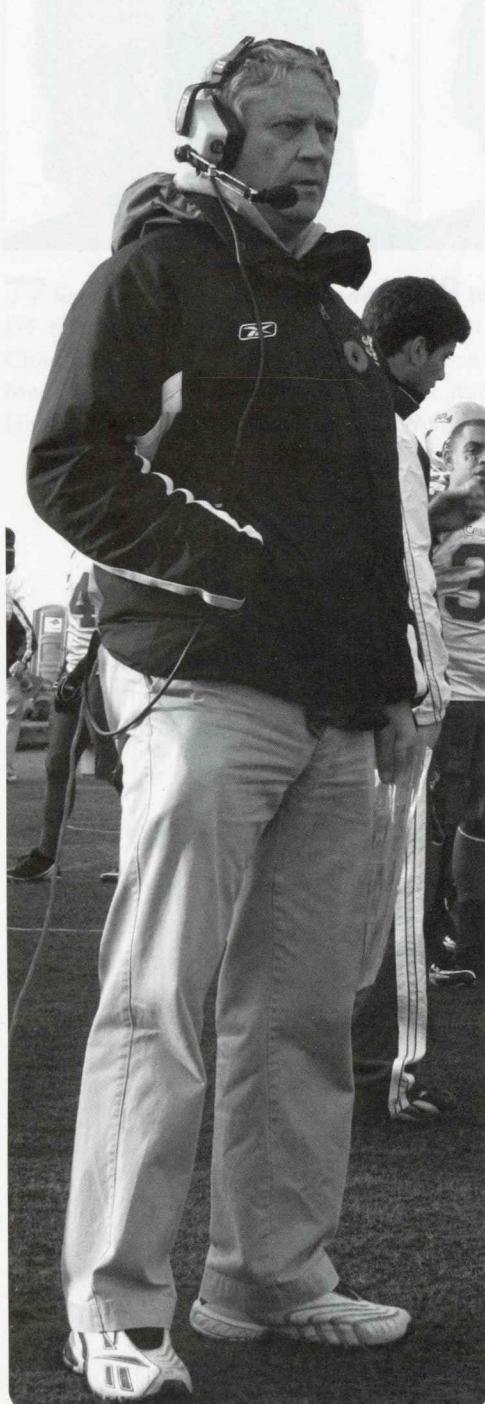
However, in spite of this effort, last year was certainly the most difficult season in my nineteen years at Concordia. Just weeks before our 2009 training camp, tragedy struck with the sudden passing of our star linebacker, Ricky Zieba. Concordia Football would like to extend our thanks to the Zieba family for their continued support of Ricky's team mates and the team that Ricky loved so much.

Looking to 2010 and beyond, some significant changes has taken place to the Stinger Coaching Staff. Warren Craney has left to take over as Head Coach at York University. I would like to thank Warren for his contribution to Concordia and to wish him the best of luck with his new team. Brad Collinson has also left Concordia to pursue interests outside of the coaching milieu. I would like to thank Brad for his longstanding contribution as a player and coach and I wish him the best of luck with his new endeavours.

I am proud to announce some outstanding additions to the 2010 Stinger Staff. I am honoured to report that former Montreal Alouette, Bryan Chiu, has joined our staff on a full time basis. The future Hall-of-Famer will coach the offensive line and assume the role of assistant offensive coordinator. Bryan will also be the coordinator of the Concordia Football School. I am also proud to announce the signing of Phil Roberts as the defensive consultant and recruiting coordinator. Phil has had a long and very successful coaching career at Vanier College, University of Ottawa, Concordia and The Ottawa Roughriders. He brings with him a tremendous knowledge of defence and is recognized as one of the country's top recruiters.

The 2010 Stingers will rebound in true Stinger Tradition and once again be a highly competitive program. We've had a good recruiting class and our coaches and players are anxious to get this season started. I believe university sport is where honour, hard work, team work, discipline, and a passion for pure competition still thrive. I also believe that the Concordia Stingers are great ambassadors for our institution and to the sport of football.

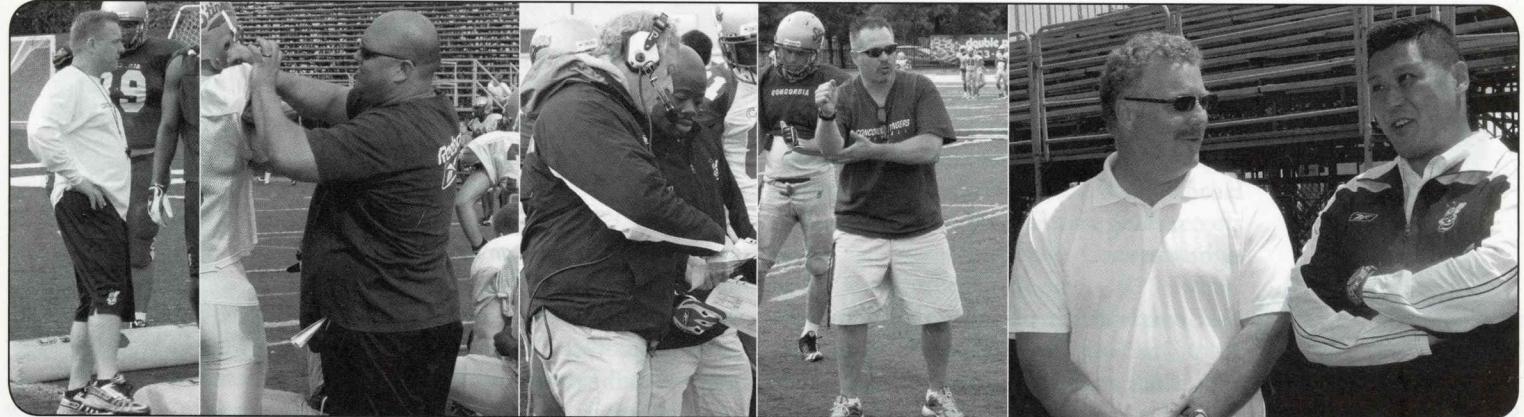
Please come on out and support your Stingers in the 2010 season.



Gerry McGrath
Head Coach - Stingers Football
gmac@alcor.concordia.ca



STINGERS COACHING STAFF



Stingers holds a BA in Applied Human Sciences from Concordia University and a Master's degree in Organizational Leadership from the University of Western Ontario. A former professional football player, he has been involved in football at both the amateur and professional levels.

The Concordia Stingers coaching staff consists of:

- New and veteran coaches
- Former CFL and NCAA players
- Concordia University graduates
- Coaches from the community
- Over 160 years of combined experience

Stingers coaches attend football camps hosted by both CFL and NFL teams. For several years running, Head Coach Gerry McGrath attended the CFL's Saskatchewan Roughriders training camp as a guest coach. These training camps allow our coaches to exchange valuable information about new coaching techniques and gives them experience in coaching at a professional level.

The Stingers coaching staff encourage their players to succeed on the field and in the classroom. They are also proud of the many Stingers who have gone on to play professional football in the CFL and NFL.





STINGERS COACHING STAFF

GERRY MCGRATH
HEAD COACH /
OFFENSIVE COORDINATOR



Gerry McGrath begins his 11th year as Head Coach of the Concordia Stingers after serving as offensive co-ordinator for eight seasons.

McGrath, a kicker, played in the CFL from 1980-'86 with the Montreal Alouettes and Concordes, Toronto, Ottawa and

Saskatchewan. The Montreal native proved to be an ardent student of the game and has kept in-depth notes and files on football strategies for 20 years. He is regarded as an offensive genius, especially when it comes to the passing game. His innovations as a coach at the Quebec junior and semi-professional levels have heavily influenced the game in the province of Quebec. He is very adept at developing a pro style offence and preparing receivers to play at the professional level.

Receivers who went on to the CFL include Sylvain Girard, Denis Montana, André Bolduc and most recently Cory Watson. Girard and Montana attended NFL camps before signing in the CFL. Currently two of McGrath's kickers/punters are in the CFL - Burke Dales in Calgary and Mike Renaud in Winnipeg.

BRYAN CHIU
ASSISTANT OFFENSIVE COORDINATOR



Bryan Chiu makes his coaching debut with Concordia this season after retiring from the Montreal Alouettes where he played for 13 years. He is also the new Director of the Stingers Football School.

The highly respected centre was a nine-time CFL all-star and named the CFL's

Most Outstanding Lineman in the Eastern Division in 2002. In 2001 and 2002 Chiu was named the Alouette's most Outstanding Linesman. He was a member of Grey Cup Champion teams in 2002 and 2009 and holds the record for most games played in the regular season with 218.

Originally from Vancouver, Chiu attended University of the Pacific and Washington State University where he was an academic all-American and on the President's honour roll. Chiu hold a BA Social Studies, major in Sports Management from Washington State University.

PETE REGIMBALD
SPECIAL TEAMS CO-ORDINATOR



One of the most respected football-men in Quebec, Pete Regimbald has coached with Vanier College, Loyola College and Concordia University. He coached at the junior level for four years before beginning his university coaching career at Loyola College in 1970 where he helped lead the Warriors to three league titles. A senior member of the coaching staff, this native of Montreal enters his 36th season with the Stingers.

A former wide receiver with the Montreal Alouettes (1965), Regimbald played college football at St. Francis Xavier University. In 1996 he was presented with the Gino Fracas Award which is given to the CIS Volunteer Coach of the Year. Regimbald was also the special teams coach for Team Canada and helped coach them to two gold medals at the NFL Global Junior Championships: 2005 in Jacksonville and 2006 in Detroit.

PHIL ROBERTS
DEFENSIVE COORDINATOR



Phil Roberts has been devoted to university football since his playing days at McGill and Concordia where he was an all-star linebacker in the late 70s. Most recently he was the assistant head coach, and special teams and recruiting co-ordinator at University of Ottawa.

Roberts has worked with the Hamilton Tiger Cats and the Ottawa Renegades in the CFL. At the amateur level, he has coached at Carleton University and Vanier College where he was head coach of three championship teams, and at Colonel By Secondary School in Ottawa. With Concordia, he served as defensive co-ordinator and linebacker coach from 2000 to 2002 and was on the Stingers' staff from 1984 to 1986.

A long-time educator, Roberts retired this summer from Colonel By SS where he was a guidance counsellor since 1992.



STINGERS COACHING STAFF



SEAN HOAS
QUARTERBACKS

Before Sean Hoas began his coaching career, he played for the Concordia Stingers and brought us to the Vanier cup in 1998. From 2000 to 2007 he was offensive co-ordinator/quarterback coach for the Châteauguay junior Raiders. In 2002 Hoas also ran the offensive line and quarterbacks for the Hohenems Blue Devils of the Austrian Senior League. This marks his third season with the Stingers as quarterback coach. Hoas holds a BA in Applied Human Sciences from Concordia University.



LUC PELLAND
LINEBACKERS

Former Stinger Luc Pelland joined the coaching staff from 1995 to 1997 and returned as linebacker coach in 2007. Pelland has also coached the Châteauguay junior Raiders, was defensive co-ordinator at Vanier College and spent two seasons in France as Head Coach of the Thonnon les Bain, Black Panthers. As a Stinger, Pelland was all-Canadian in 1993 and 1994, as well as a two-time academic All-Canadian. Pelland received his BA in Economics at Concordia University.



ERIC NICHIPOROWICH
DEFENSIVE LINE

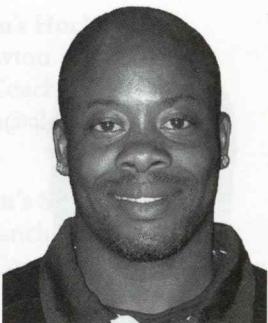
Back for his second season with the Stingers coaching staff, Nichiporowich played with Lakeshore Football and Collège Français. This native of Montreal later returned to coach with Lakeshore Football and was the defensive back coach at John Abbott College. Nichiporowich has been coaching for nine years.



MIKE COMEAU
RUNNING BACKS/
FILM CO-ORDINATOR

Originally from Point Edward, ON, Mike Comeau joined the coaching staff in 2009 after finishing a five-year career as a Stinger offensive lineman. His familiarity with the players and the coaching staff is a great asset to his position as an assistant coach.

DAVE SPENCE
RECEIVERS



Dave Spence grew up in the North Shore football system playing for the midget Mustangs and the junior Broncos. A standout wide receiver and return specialist, Spence played three seasons with Concordia, including 1998 when the Stingers won the Atlantic Bowl and participated in the Vanier Cup. Previous to Concordia, he played at Vanier College and Idaho State, a NCAA division-one team. In 2007 Spence returned to Concordia as part of the Stingers coaching staff. Spence holds a BA in Political Science from Concordia University.

ALEX OLIVEIRA
OFFENSIVE LINE



Alex Oliveira played for the Stingers for five years, and was part of the team that brought Concordia to the Vanier Cup final in 1998. Oliveira began coaching at Sun Youth when he returned from playing football in Europe. After coaching the midget Sun Youth Hornets he coached the St. Leonard Junior Cougars. The 2010 season marks Oliveira's second with the Stingers.

Oliveira graduated from Concordia with a BA in Applied Human Sciences.

PAUL RAPAGNA
DEFENSIVE BACKS



Paul Rapagna returns for his sixth season with the Concordia Stingers coaching staff after three years at John Abbott College. Rapagna played football at the city, CEGEP and university levels before he began coaching during his last two years of university. Since then he has coached at the high school, junior and CEGEP levels.

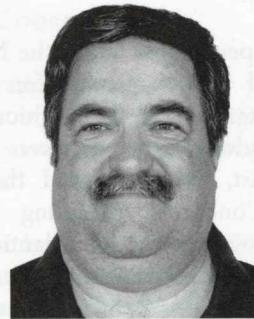
Rapagna obtained a Bachelor of Education and an M.A. in Education at McGill University.



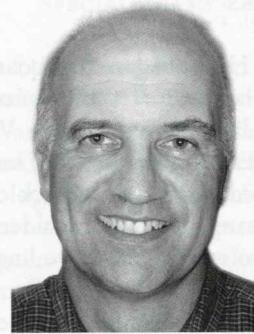
STINGERS SUPPORT STAFF



EQUIPMENT MANAGER
Alex Smith



EQUIPMENT MANAGER
Jack Lamothe



TEAM DOCTOR
Dr. Bruce Thomassin



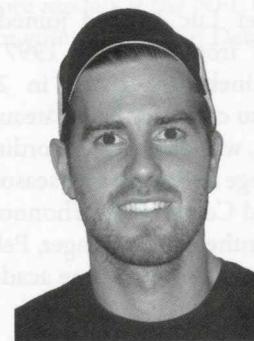
HEAD ATHLETIC THERAPIST /
STRENGTH AND
CONDITIONING COACH
Sean Christensen
CAT (C), CSCS



ASSISTANT ATHLETIC THERAPIST
Matthew Heron
CAT (C)



ASSISTANT STRENGTH &
CONDITIONING COACH
Lisa-Marie Breton
NSCA-CPT, CSCS



STRENGTH & CONDITIONING
CONSULTANT
Sébastien Lajeunesse



ATHLETIC THERAPIST
Lee Ann Papula
CAT (C)



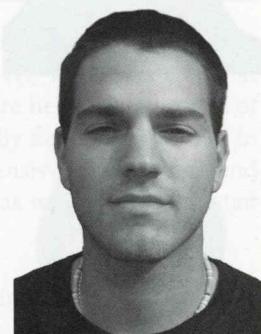
STUDENT THERAPIST
Tyler Paturel



STUDENT THERAPIST
Corey Rizzoli



STUDENT THERAPIST
Cynthia Picard



STUDENT THERAPIST
Daniel Spensieri



VARSITY AND CLUB TEAMS

Men's Basketball

John Dore
Head Coach
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Women's Basketball

Keith Pruden
Head Coach
kpruden@alcor.concordia.ca

Men's Hockey

Kevin Figsby
Head Coach
figsby@alcor.concordia.ca

Women's Hockey

Les Lawton
Head Coach
llawton@alcor.concordia.ca

Men's Rugby

Clive Gibson
Head Coach
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Women's Rugby

Graeme McGravie
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mcgravie@alcor.concordia.ca

Men's Soccer

Lloyd Barker
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lloydbarker11@yahoo.com

Women's Soccer

Jorge Sanchez
Head Coach
wsoccer@alcor.concordia.ca

Wrestling*

Victor Zilberman
Head Coach
stingers@alcor.concordia.ca

Baseball

Howard Schwartz
Manager
baseball@alcor.concordia.ca

Cross-Country*

John Lofrancio
Head Coach
john.lofranco@gmail.com

Golf*

David Nagels
Head Coach
dnagels@dawsoncollege.qc.ca

Alpine Skiing*

Maxim Seguin
Head Coach
skiteam@alcor.concordia.ca

* Indicates men and women's club teams

RECREATION AND ATHLETICS STAFF

Katie Sheahan
Director
Recreation and Athletics
ksheahan@alcor.concordia.ca

Kerry Laughlin
Administrative Services &
Intercollegiate Manager
klaughli@alcor.concordia.ca

Catherine Grace
Sports Information &
Promotion Co-ordinator
cgrace@alcor.concordia.ca

Eric Boghen
Marketing Co-ordinator
eboghen@alcor.concordia.ca

Marvin Cooper
Manager, Facilities
Planning and Development
marvinc@alcor.concordia.ca

Alex Smith
Facilities Assistant
asmith@alcor.concordia.ca

Janet Corrigan
Campus Recreation Assistant
& Travel Co-ordinator
janetc@alcor.concordia.ca

Leonida Jacinto
Event and Ticket
Co-ordinator
ljacinto@alcor.concordia.ca

Gabriela Ponton
Webmaster,
Communications Assistant
gponton@alcor.concordia.ca

Vladimir Pavlicik
Associate Director,
Campus Recreation
pavv@alcor.concordia.ca

Rastko Popovic
Canteen,
Administrative Assistant
rpopovic@alcor.concordia.ca

Sally Livingston
Administrative Assistant
sally@alcor.concordia.ca

Micheline Delaney
Campus Recreation Secretary
mdelany@alcor.concordia.ca

Ray Kirkwood
Co-ordinator, Campus
Recreation
rayk@alcor.concordia.ca

Michael Rinaldi
Co-ordinator, Campus
Recreation
mrinaldi@alcor.concordia.ca

Alberto Moreira
Co-ordinator, Campus
Recreation
afmoreir@alcor.concordia.ca

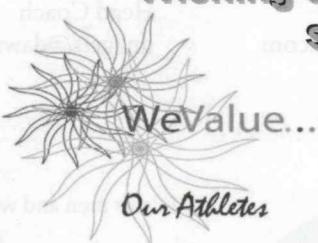
Daniel De Palma
Sports Information &
Promotion Assistant
depalma@alcor.concordia.ca

The Dean of Students offers many services for students including:

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- Co-curricular Record
- Student Parents Centre (CUSP)
- Peer tutor information
- CCSL Special Projects funding
- CCSL Outstanding Contribution Awards
- Commissioner of Oaths for Concordia-related documents
- Loyola Information Centre
- Multi-Faith Chaplaincy
- Interfaith Ambassadors
- New initiatives

Drop by with questions or problems: SGW-H-637, LOY-AD-121. For more information, please visit our website <http://deanofstudents.concordia.ca> or phone us at (514) 848-2424 extensions 3517 (SGW) and 4239 (LOY).

**Wishing all of our athletes a season of growth,
success and most of all, fun!**



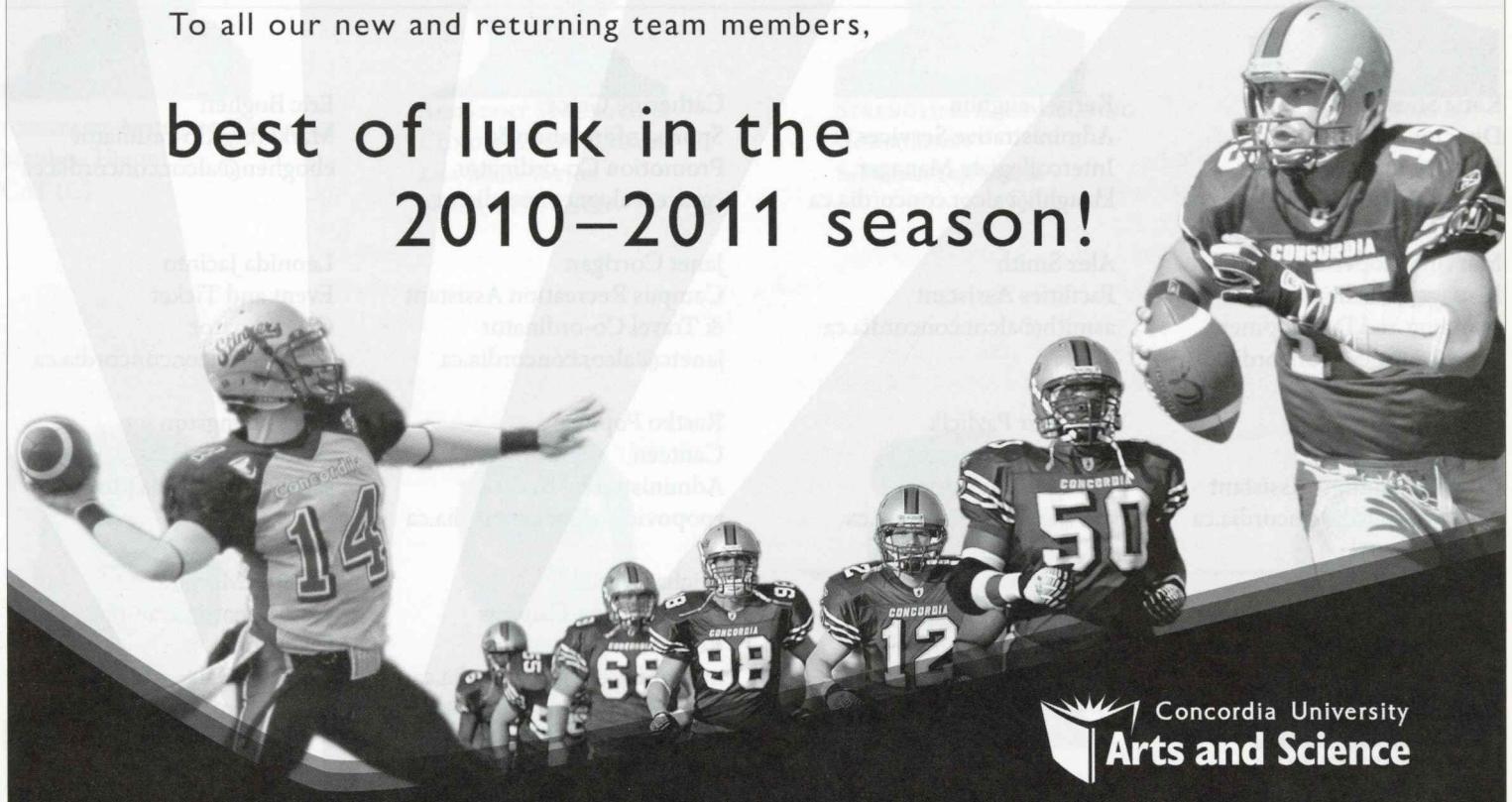
<http://wevalue.concordia.ca>

Concordia Council
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2010–2011 season!**



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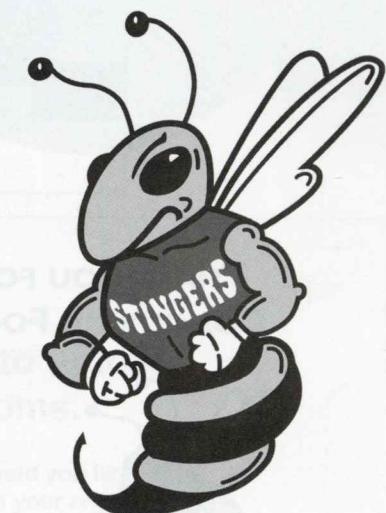


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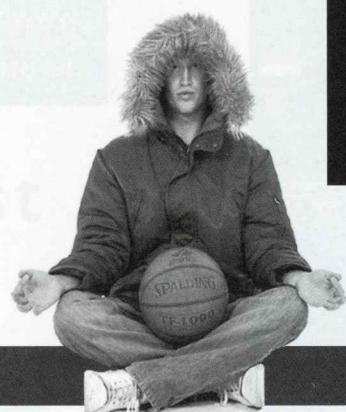
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FOR INFORMATION CONTACT BRYAN CHIU AT 514-848-2424, EXT. 5406

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Department of
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STINGER DOME

7200 Sherbrooke St.W., Montreal, Quebec



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8 a.m. to midnight	\$150	\$300	\$450	\$600

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For further information during regular business hours, please contact:

Alberto Moreira

Tel: 514-848-2424, ext. 8860 | stingerdome@concordia.ca

FIELD DIMENSIONS

$\frac{1}{4}$ Field: 98 x 180 feet
 $\frac{1}{2}$ Field: 203 x 180 feet
 $\frac{3}{4}$ Field: 308 x 180 feet
Full Field: 413 x 180 feet

CONCORDIA UNIVERSITY

STINGERS

ReeStinG

Reebok

Concordia



Liam Mahoney
Concordia Stingers

Reebokfootball.ca